

# Kaiser Permanente Largo Medical Office Building

*Largo, MD*



**Chris Pozza**  
**Advisor: Dr. Rob Leicht**  
**Construction Management**

# Kaiser Permanente Largo Medical Office Building

*Largo, MD*

I. Introduction

II. Analysis 1 – Change Order Management

III. Analysis 2 – Precast Panel Implementation

A. Structural Breadth

B. Mechanical Breadth

IV. Analysis 3 – Use of Virtual Mock-Ups for SIPS

V. Analysis 4 – Modularization Comparison

VI. Conclusion & Recommendations

VII. Acknowledgements



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Largo, MD

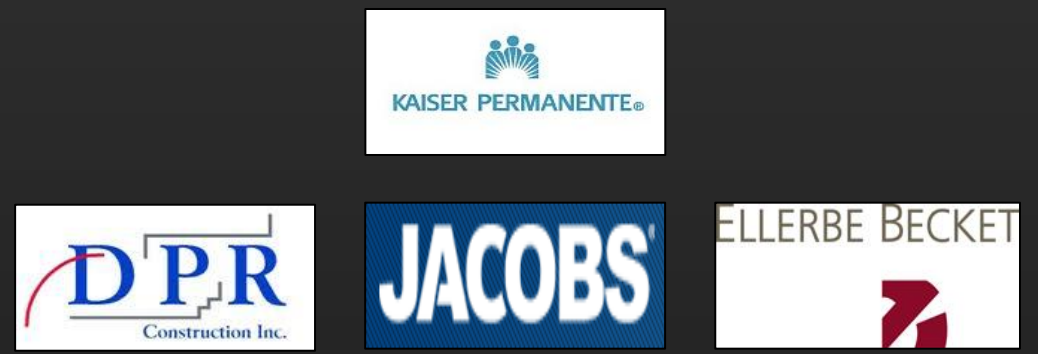
## Chris Pozza - Construction



# Introduction

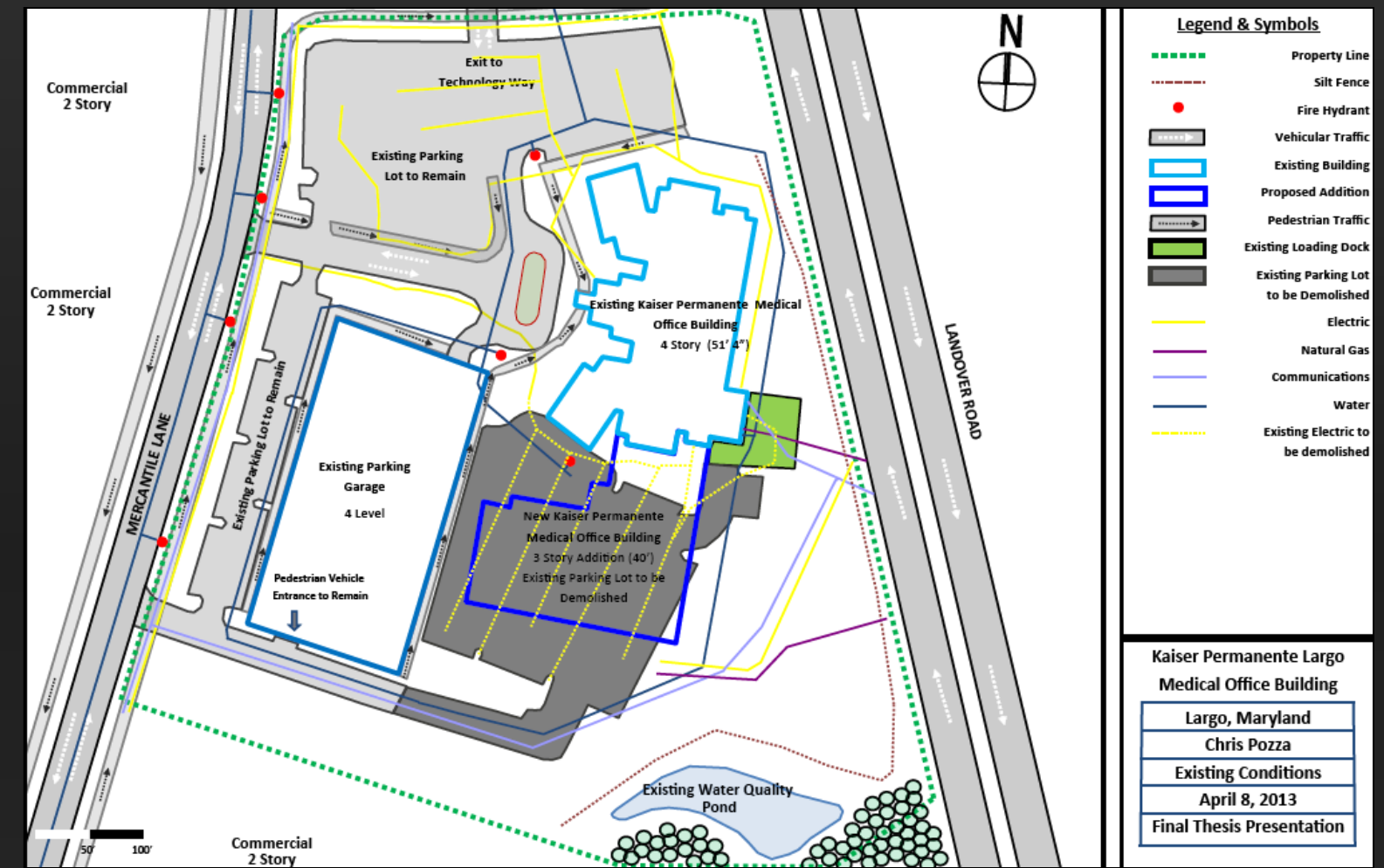
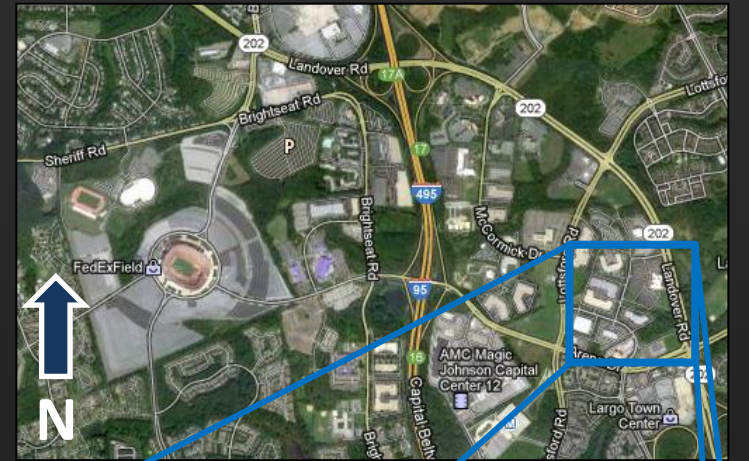


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Project Cost: \$39,558,519  
Addition: \$32,504,687

Addition Size: 106,700 SF



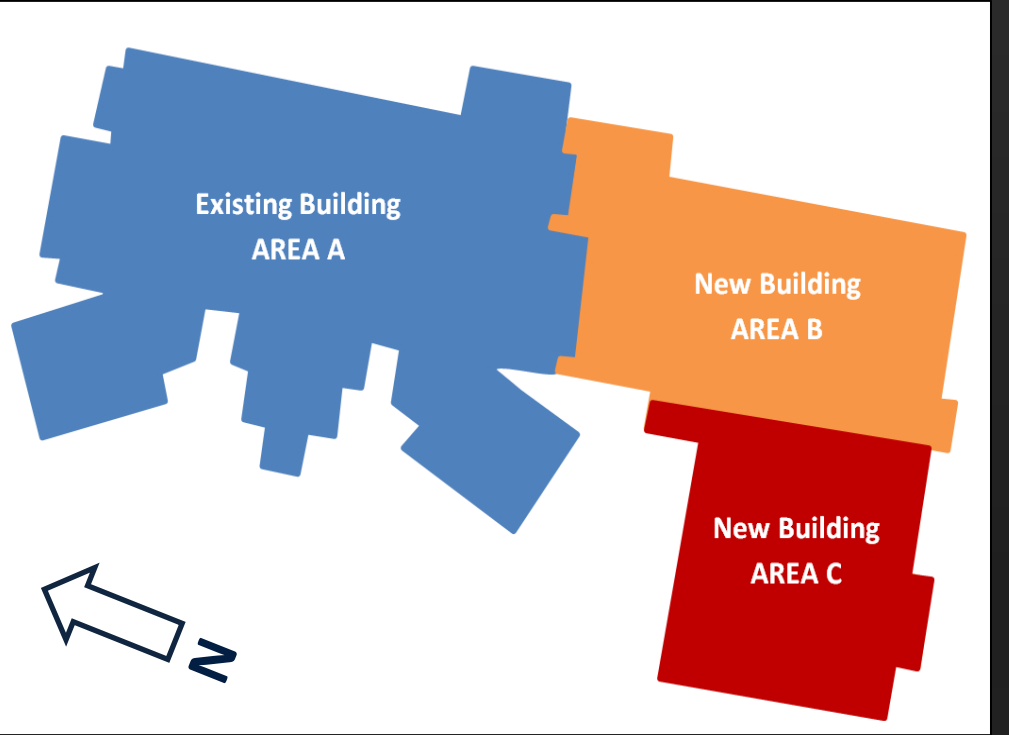
**Kaiser Permanente Largo Medical Office Building**  
*Largo, MD*  
**Chris Pozza - Construction**



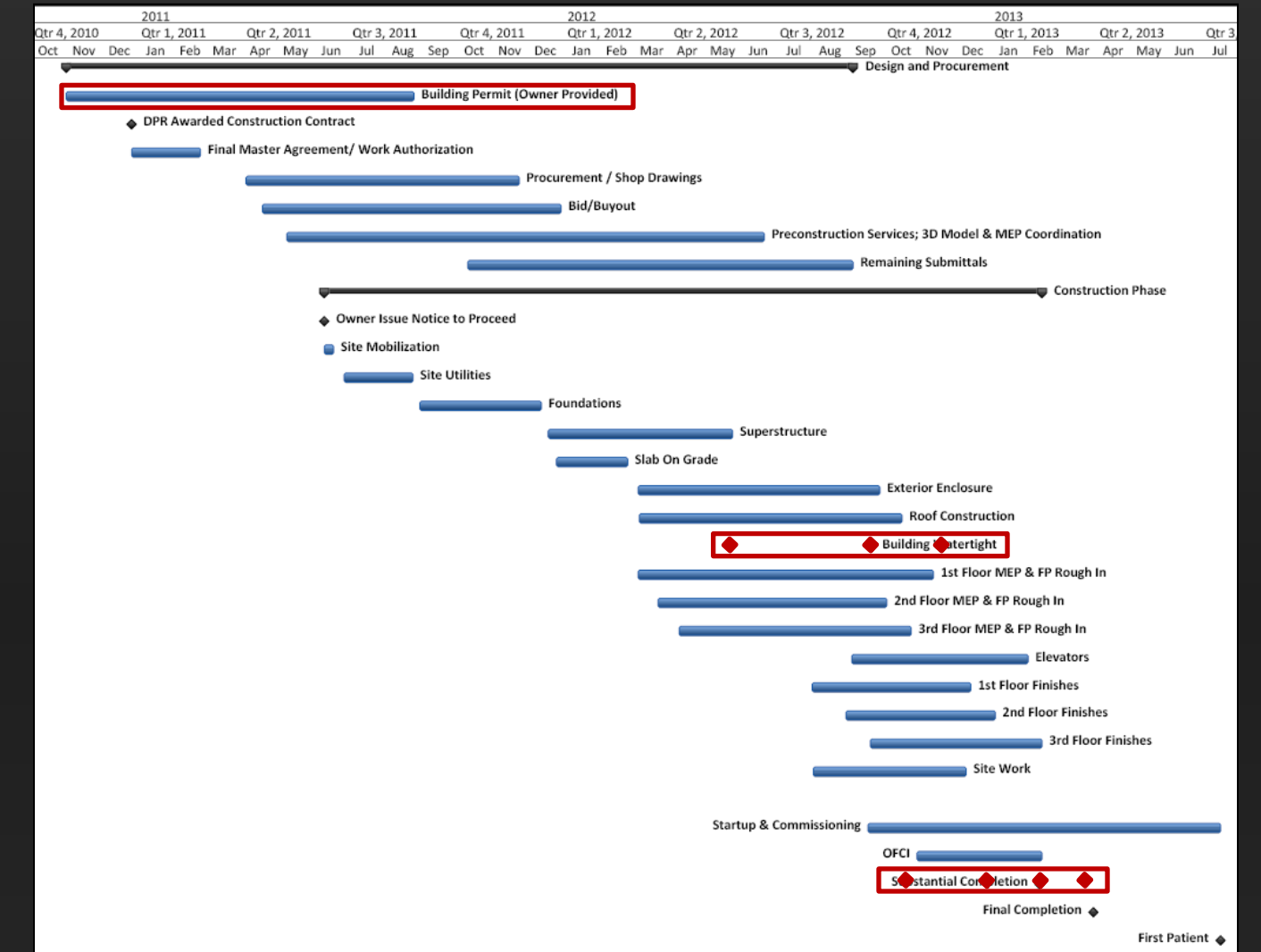
# Introduction



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DPR Awarded Contract: December 27, 2010  
 Building Permit (Owner Provided): ~~January 3, 2011~~  
 August 25, 2011  
 Notice to Proceed: June 10, 2011  
 Building Watertight: ~~April 25, 2012~~  
 September 27, 2012  
 October 18, 2012  
 Substantial Completion: ~~October 2, 2012~~  
 December 6, 2012  
 February 11, 2013  
 March 1, 2013  
 First Patient: July 8, 2013





# Analysis 1 – Change Order Management



I. Introduction

II. Analysis 1 – Change Order Management

III. Analysis 2 – Precast Panel Implementation

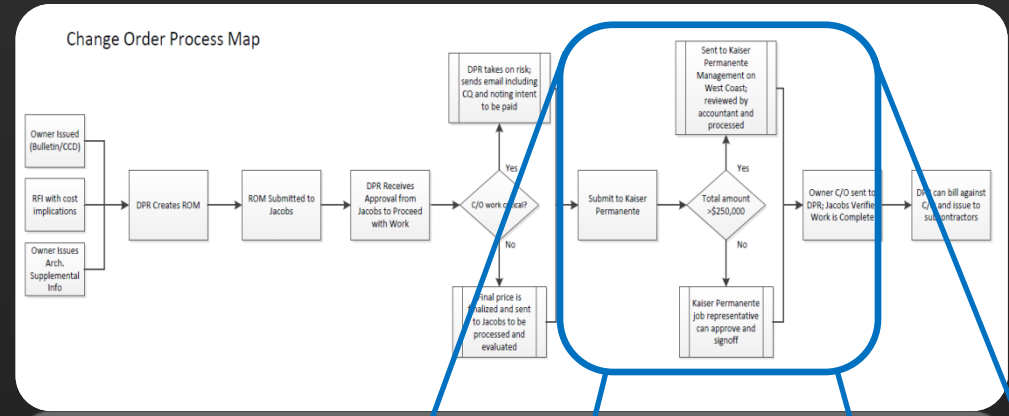
- A. Structural Breadth
- B. Mechanical Breadth

IV. Analysis 3 – Use of Virtual Mock-Ups for SIPS

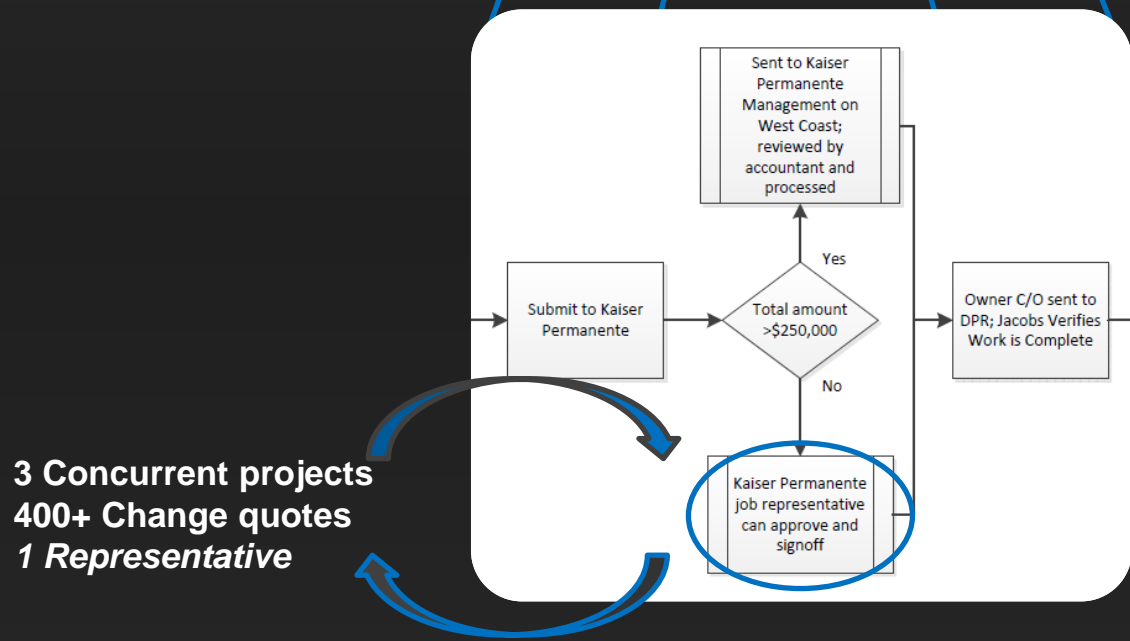
V. Analysis 4 – Modularization Comparison

VI. Conclusion & Recommendations

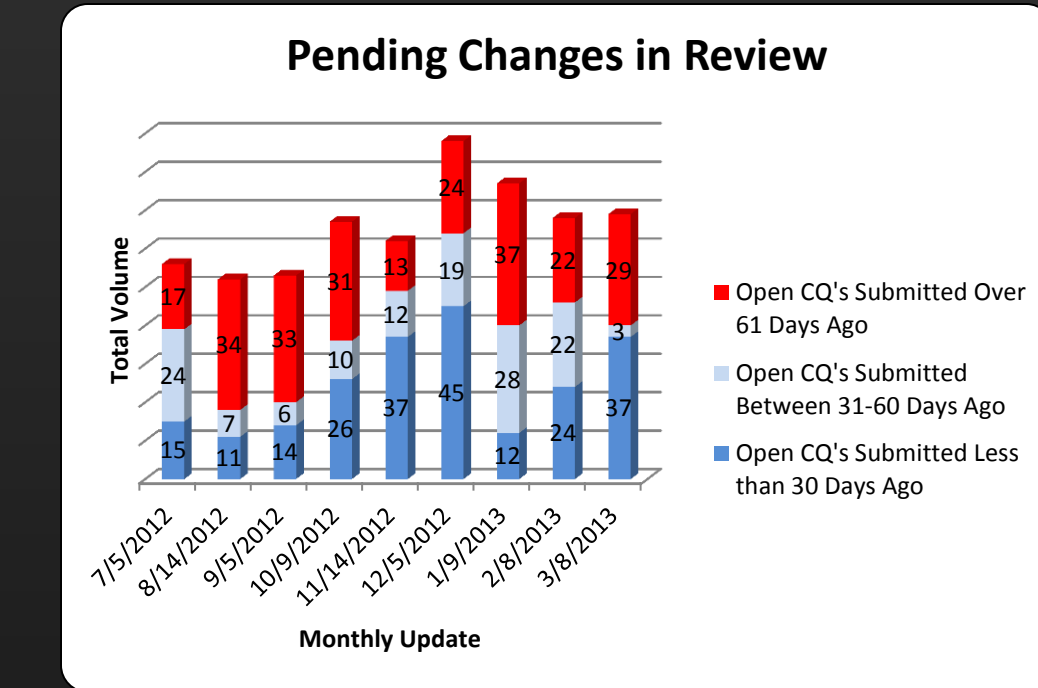
VII. Acknowledgements



**Problem:  
 Current Process Costing Critical Time and Money**

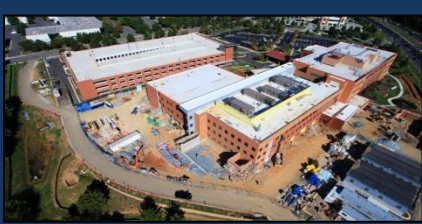


Change Order Tracking Table			
Description	Sum of Amount	Total	Average
Approved	\$6,249,917.07	148	\$42,229.17
Pending Do Not Proceed	\$498,568.82	8	\$62,321.10
Pending Proceeding	\$176,653.59	24	\$7,360.57
Pending Proceeding with Authorization	\$1,616,746.32	49	\$32,994.82
ROM Do Not Forecast - Non-Proceeding	\$593,500.00	5	\$118,700.00
ROM Proceeding	\$224,522.85	30	\$7,484.10
ROM Proceeding with Authorization	\$2,664,823.18	58	\$45,945.23
ROM Do Not Proceed	\$671,558.91	22	\$30,525.41
In Dispute - Proceeding	\$286,834.72	28	\$10,244.10
<b>Total</b>	<b>\$12,983,125.46</b>	<b>372</b>	



**Factors Impacting Labor Productivity:**

- Timing
- Intensity
- Type of Work
- Impact Type



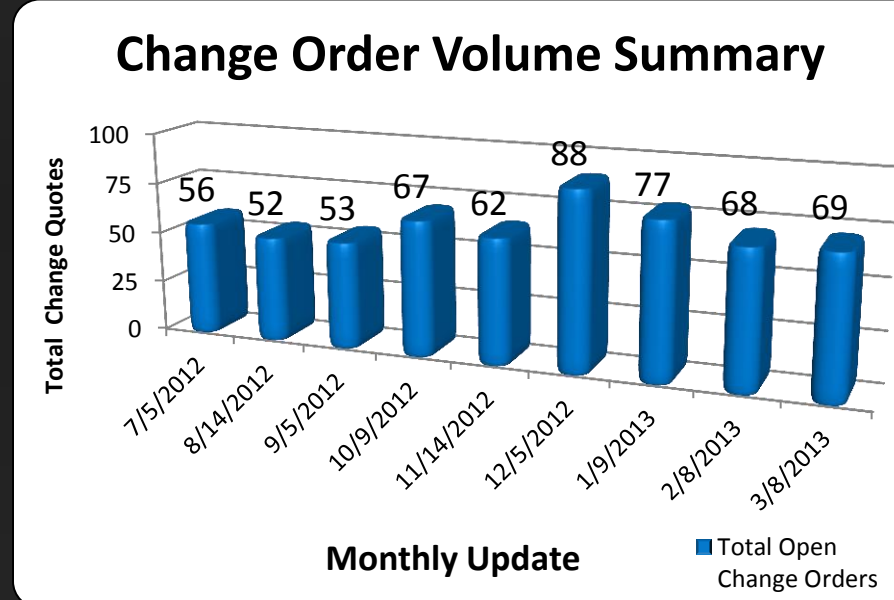
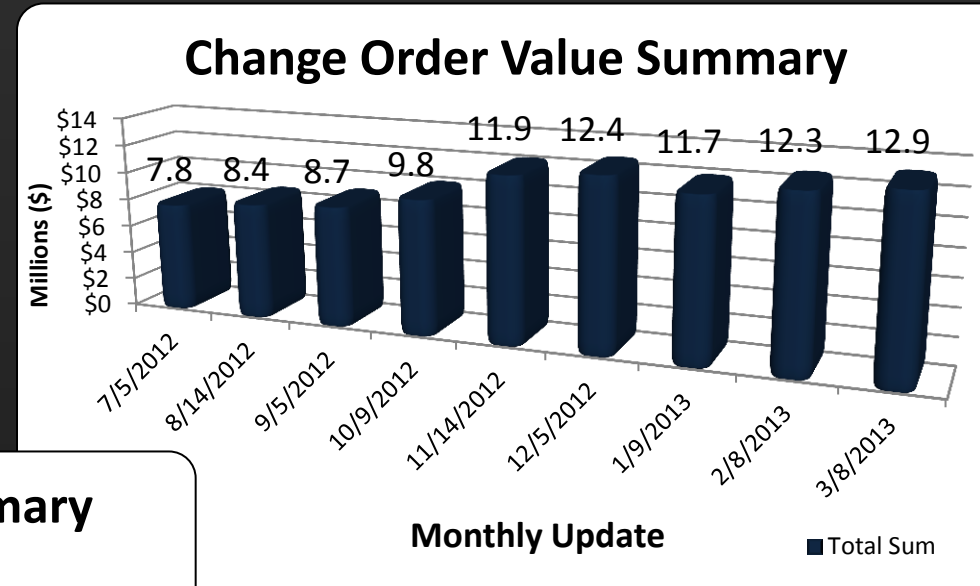
# Analysis 1 – Change Order Management



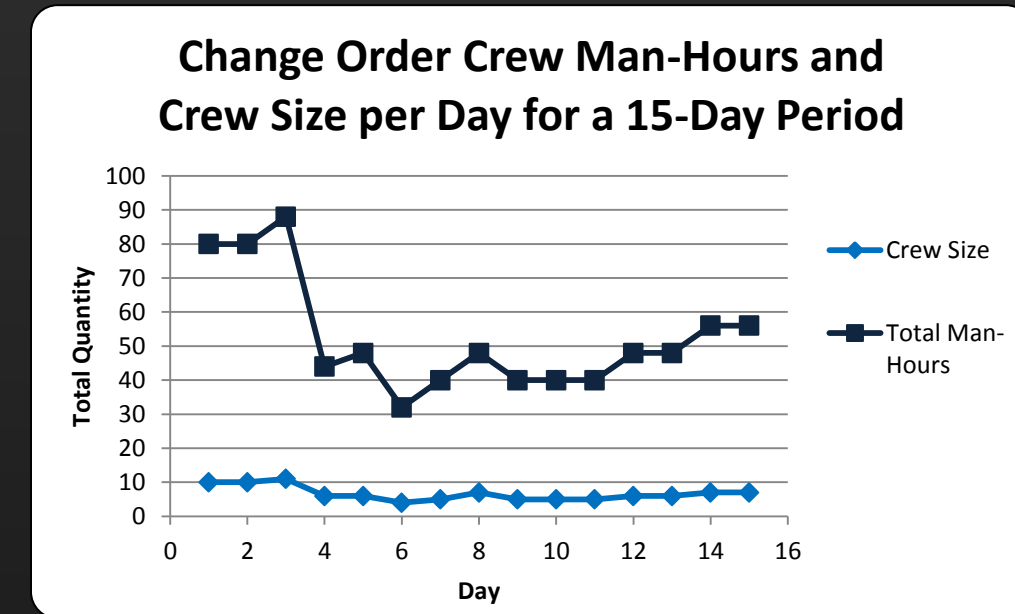
## Side Effects of Change Orders:

- Trade Stacking
- Schedule Compression
- Multiple-Shift Work
- Morale Issues

**Original Contract Value:**  
**\$32,504,687**



**Final Completion:**  
**March 29, 2013**



**788 Man-Hours**  
**\$58,000+ Purely Labor Cost**

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# Analysis 1 – Final Recommendations

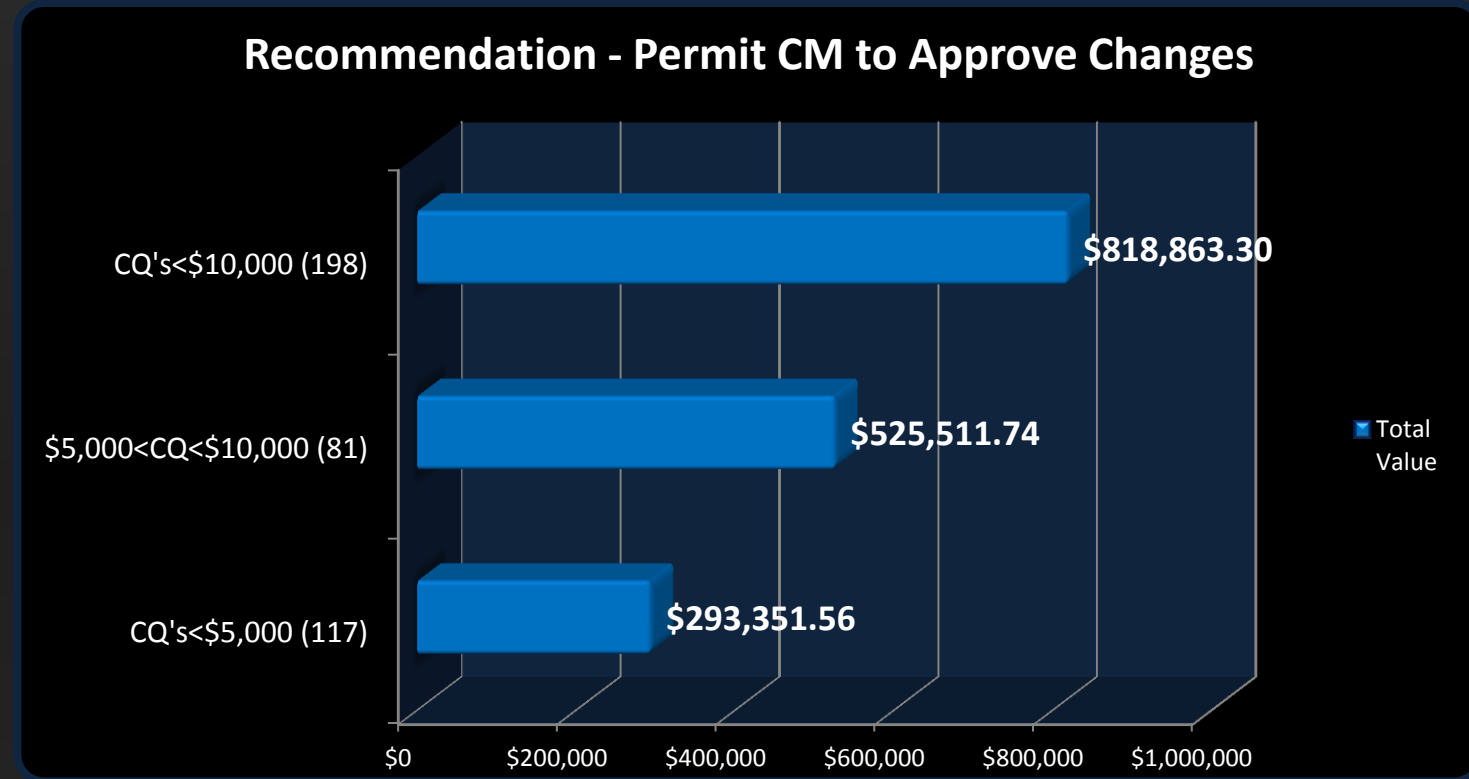


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## 1. Give Authority to the CM to Approve Changes



- + **Significantly reduce management time**
- + **Reduce turnaround time for large changes**
- + **Better cash flow for subcontractors**



## 2. Purchase Preconstruction Services

Original Schedule:

BIM Coordination	183	09-May-11 A	07-Feb-12
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Actual Schedule:

BIM Coordination	283	09-May-11 A	20-Jun-12 A
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- + **Early trade involvement for intense MEP coordination**
- + **Utilize project team's healthcare experience**
- + **Improve design efficiency for all stakeholders**
- + **Reduction of rework**

## 3. Implement an Alternate Change Review Process



# Analysis 2 – Precast Panel Implementation



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Precast Panel Comparison to Traditional Brick	
Advantages	Disadvantages
<ul style="list-style-type: none"> <li>• Faster installation for schedule savings</li> <li>• Stronger and more durable than brick façade and tougher to penetrate</li> <li>• More favorable working conditions and no weather issues during fabrication</li> <li>• Higher quality product produced off-site</li> <li>• Panels typically have better insulation properties</li> </ul>	<ul style="list-style-type: none"> <li>• Higher upfront cost to fabricate panels</li> <li>• Often requires heavier structural support members</li> <li>• Can be less aesthetically pleasing due to less imperfections and more joints</li> <li>• Customization of panels can significantly increase cost</li> <li>• Can require multiple cranes depending on panel sizes</li> </ul>

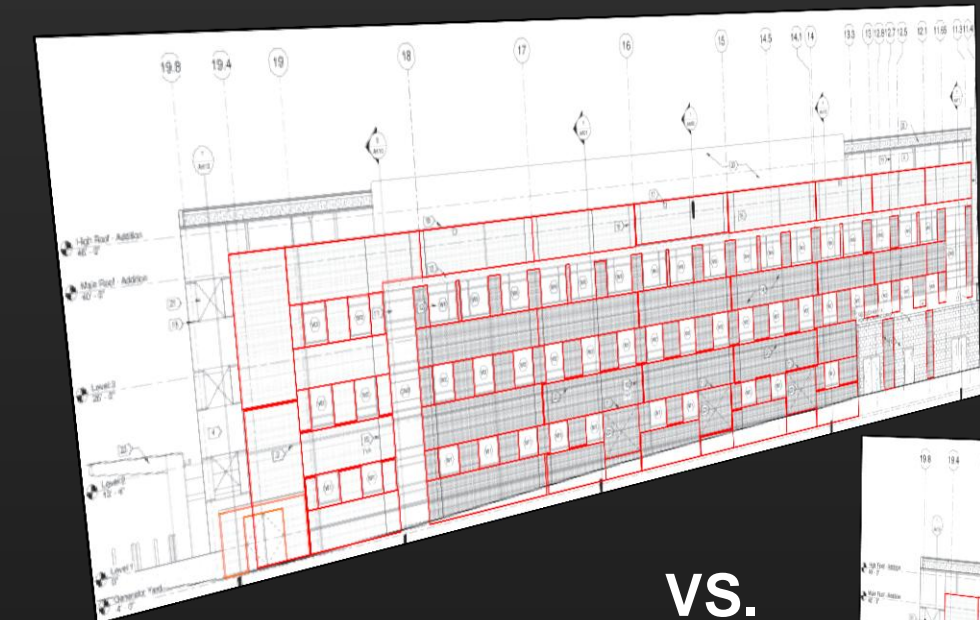
## Problem: Weather and Constructability Issues Impact Schedule

Original:

	63 03-Apr-12	29-Jun-12
Layout Exterior Walls	6 03-Apr-12	10-Apr-12
Install Top Track and Clips	6 06-Apr-12	13-Apr-12
Set Up Equipment & Fireproof Perimeter Steel	5 16-Apr-12	20-Apr-12
Frame Perimeter Walls	15 23-Apr-12	11-May-12
Install Exterior Wall Sheathing	15 02-May-12	22-May-12
Install Vapor Barrier and Wall Ties	15 11-May-12	01-Jun-12
Erect Exterior Brick and Precast Accent Band	15 25-May-12	15-Jun-12
Install Exterior Windows	8 18-Jun-12	27-Jun-12
Install Curtainwall	8 18-Jun-12	27-Jun-12
East Elevation - Caulking	8 20-Jun-12	29-Jun-12

Actual:

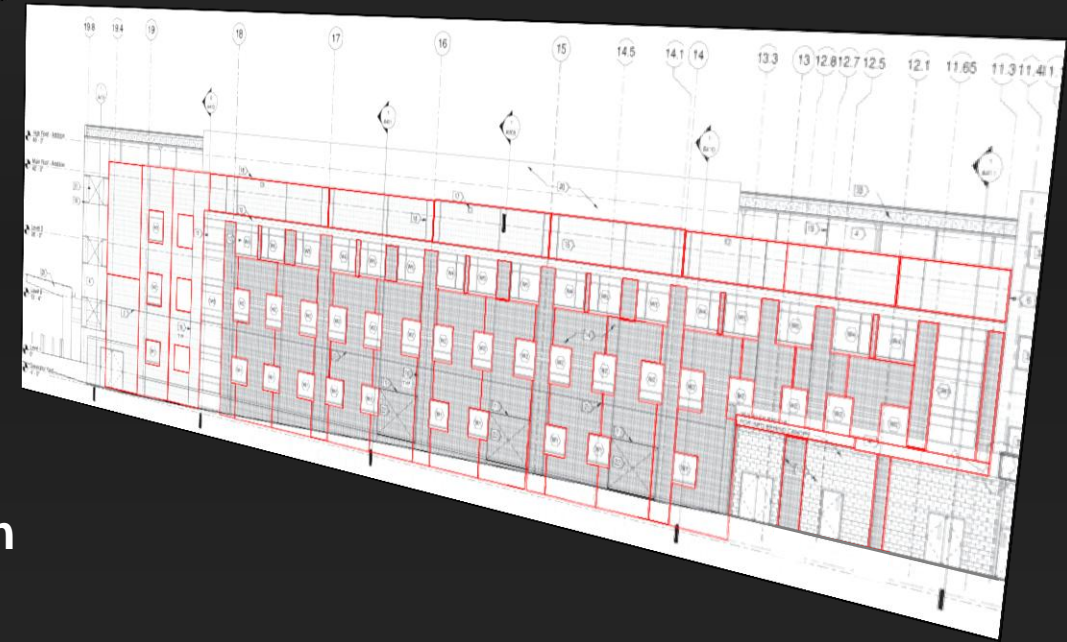
	138 05-Mar-12A	17-Sep-12
Layout Exterior Walls East Elevation	4 05-Mar-12A	08-Mar-12A
Set Up Equipment & Fireproof Perimeter Steel	17 09-Mar-12A	02-Apr-12A
Install Top Track and Clips East Elevation	3 19-Mar-12A	21-Mar-12A
Frame Perimeter Walls East Elevation	28 21-Mar-12A	30-Apr-12A
Install Exterior Wall Sheathing East Elevation	18 17-Apr-12A	11-May-12A
Install Vapor Barrier and Wall Ties East Elevation	26 25-May-12A	02-Jul-12A
Erect Exterior Brick and Precast Accent Band East Elevation	22 25-Jun-12A	26-Jul-12A
Install Exterior Windows East Elevation	17 13-Aug-12A	05-Sep-12
Install Curtainwall East Elevation	8 04-Sep-12	3-Sep-12
East Elevation - Caulking	8 06-Sep-12	17-Sep-12



**Horizontal**

- + Easier to handle
- + More repetition
- Significant panel count

VS.



**Vertical**

- + Lower panel count
- + Less connections
- High level of customization





# Structural and Mechanical Breadth Studies



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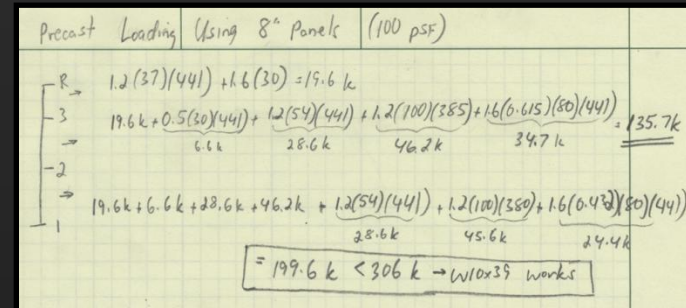
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### Structural Steel:



### Foundations:

$$q_a \geq \frac{P}{A}$$

### Spread Footing:

$$5 \text{ ksf} \geq \frac{P}{(6.5')(6.5')}$$

$$211.35 \text{ k} \geq P \quad \checkmark \text{ OK} \geq 199.6 \text{ k}$$

### Strip Footing:

$$5 \text{ ksf} \geq \frac{P(1')}{2.71875(1')}$$

$$13.6 \text{ klf} \geq P \quad \checkmark \text{ OK}$$

Wall R Values (Winter)	3.5" Face Brick	7" Precast Panels
R <sub>0</sub> - Outside Air Barrier	0.17	0.17
R <sub>1</sub> - 3 1/2" Face Brick (R=0.11 per inch) Alternate R <sub>1</sub> - 7" Precast Panel with Thin Brick	0.385	0.53
R <sub>2</sub> - 1 7/8" Air Space	1.23	1.23
R <sub>3</sub> - 2" Rigid Insulation (R=5 per inch)	10	10
R <sub>4</sub> - Vapor Barrier	Negligible	Negligible
R <sub>5</sub> - 1/2" Gypsum Sheathing	0.45	0.45
R <sub>6</sub> - 6" Metal Stud / 6" Batt Insulation R-19	7.1	7.1
R <sub>7</sub> - 5/8" Gypsum Sheathing - 51	0.56	0.56
R <sub>i</sub> - Inside Air Film (Vertical Position, Horizontal Heat Flow)	0.68	0.68
<b>Total R</b>	<b>20.575</b>	<b>20.72</b>
<b>U<sub>avg</sub> or Total U (1/R)</b>	<b>0.0486</b>	<b>0.04826</b>

### Conclusion

#### Structure:

**Structural upgrades not required due to building size**

**Axial loading does not control structural design**



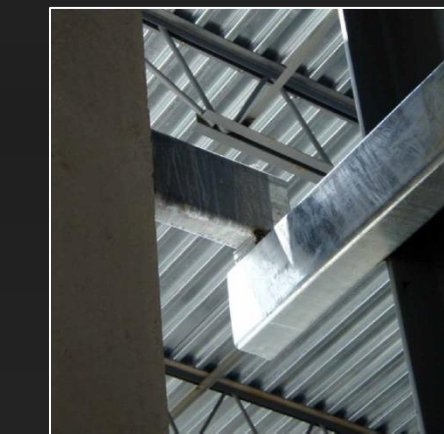
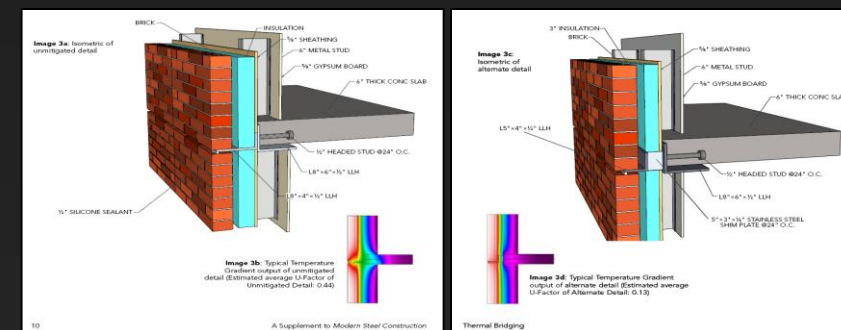
#### Mechanical:

**Panels will provide slightly better thermal properties**

**Current system design is acceptable**

**Proper measures are required to prevent thermal bridging:**

- ❖ Stainless Steel Shim Plates
- ❖ Plastic Shims
- ❖ Silicone Joint Sealant





# Analysis 2 – Precast Panel Implementation



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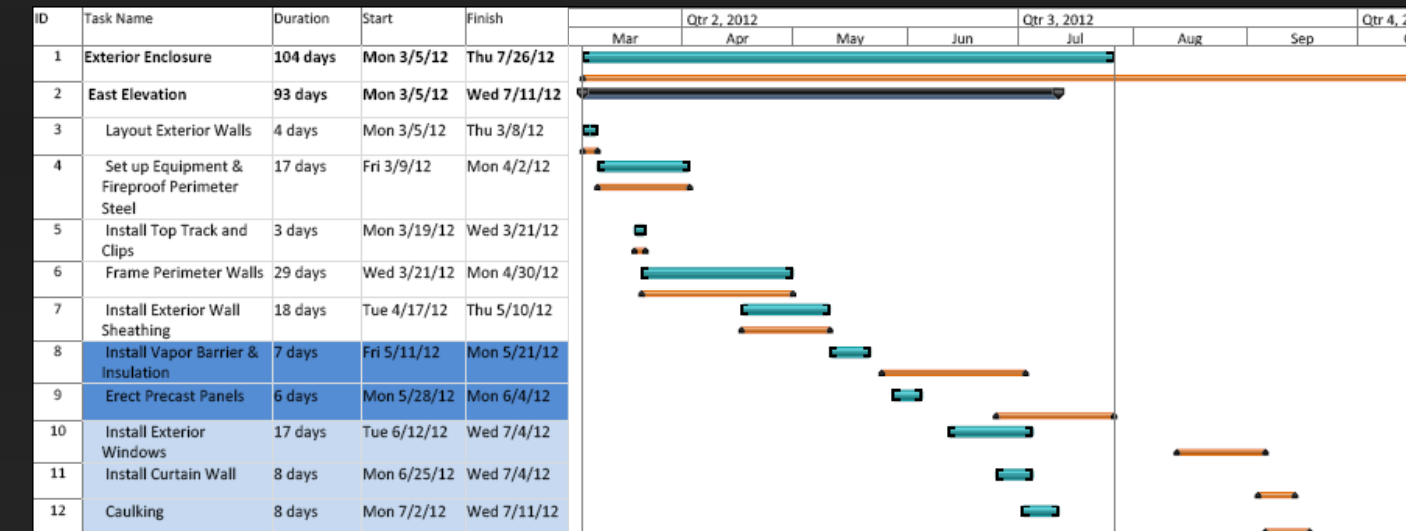
## Horizontal Panels

- ❖ More practical
- ❖ High Unit Price
- ❖ 244 total panels

System Cost Comparison	
Precast Panel System	\$1,257,190.37
Masonry Façade	\$1,131,376.00
<b>Proposed Precast Additional Cost</b>	<b>\$125,814.37</b>

## Schedule Analysis

*15 panels per day  
 Eliminates Brick Ties  
 Easier vapor barrier installation*





# Analysis 2 – Final Recommendation



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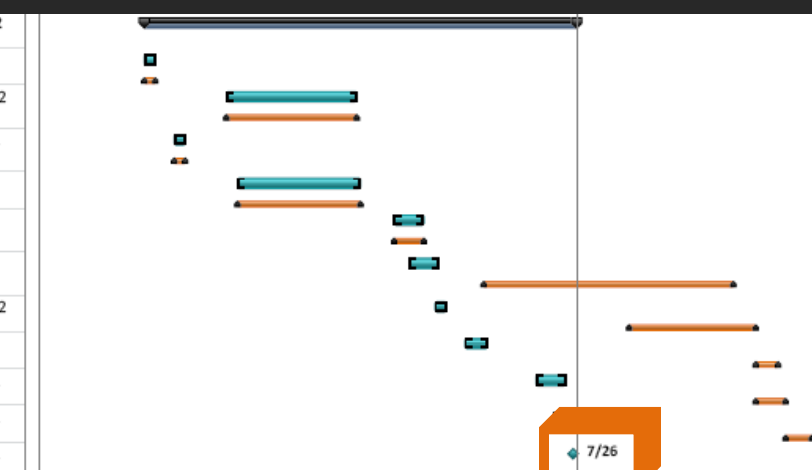
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## Schedule Savings

Proposed Schedule Savings			
	Days	Weeks	Months
Activity Savings	61	8.7	2.0
<b>Schedule Savings</b>	<b>45</b>	<b>6.5</b>	<b>1.5</b>
General Conditions Costs			
Total Savings (1.5 Months)	\$295,264.35		
Additional Crane Cost	\$44,078.22		
<b>Total GC Cost Savings</b>	<b>\$251,186.13</b>		



35	North Elevation	84 days	Mon 4/2/12	Thu 7/26/12	126 days	Mon 4/2/12	Thu 9/27/12
36	Layout Exterior Walls	3 days	Mon 4/2/12	Wed 4/4/12	3 days	Mon 4/2/12	Wed 4/4/12
37	Install Top Track and Clips	25 days	Tue 4/24/12	Mon 5/28/12	25 days	Tue 4/24/12	Mon 5/28/12
38	Fireproof Perimeter Steel	3 days	Tue 4/10/12	Thu 4/12/12	3 days	Tue 4/10/12	Thu 4/12/12
39	Frame Perimeter Walls	23 days	Fri 4/27/12	Tue 5/29/12	23 days	Fri 4/27/12	Tue 5/29/12
40	Install Exterior Wall Sheathing	6 days	Fri 6/8/12	Fri 6/15/12	6 days	Fri 6/8/12	Fri 6/15/12
41	Install Vapor Barrier & Insulation	6 days	Tue 6/12/12	Tue 6/19/12	47 days	Mon 7/2/12	Thu 9/6/12
42	Erect Precast Panels	3 days	Tue 6/19/12	Thu 6/21/12	23 days	Fri 8/10/12	Wed 9/12/12
43	Install Exterior Windows	4 days	Wed 6/27/12	Mon 7/2/12	4 days	Thu 9/13/12	Tue 9/18/12
44	Install Curtain Wall	6 days	Mon 7/16/12	Mon 7/23/12	6 days	Thu 9/13/12	Thu 9/20/12
45	Caulking	5 days	Sat 7/21/12	Thu 7/26/12	5 days	Fri 9/21/12	Thu 9/27/12
46	Building Watertight	0 days	Thu 7/26/12	Thu 7/26/12	0 days	Thu 9/27/12	Thu 9/27/12



## Final Recommendation

*Implement precast panels  
 Current systems won't be impacted*

Final Cost Comparison Summary	
Proposed System Cost	\$1,257,190.37
Additional Crane Cost	\$44,078.22
Actual System Cost	\$1,131,376
General Conditions Savings	\$295,264.35
<b>Total Cost Savings</b>	<b>\$125,371.76</b>

***Schedule savings are greatest benefit!***



# Analysis 3 – Use of Virtual Mock-Ups for SIPS



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## Problem: Building Connection Constructability Issues

### Original Schedule:

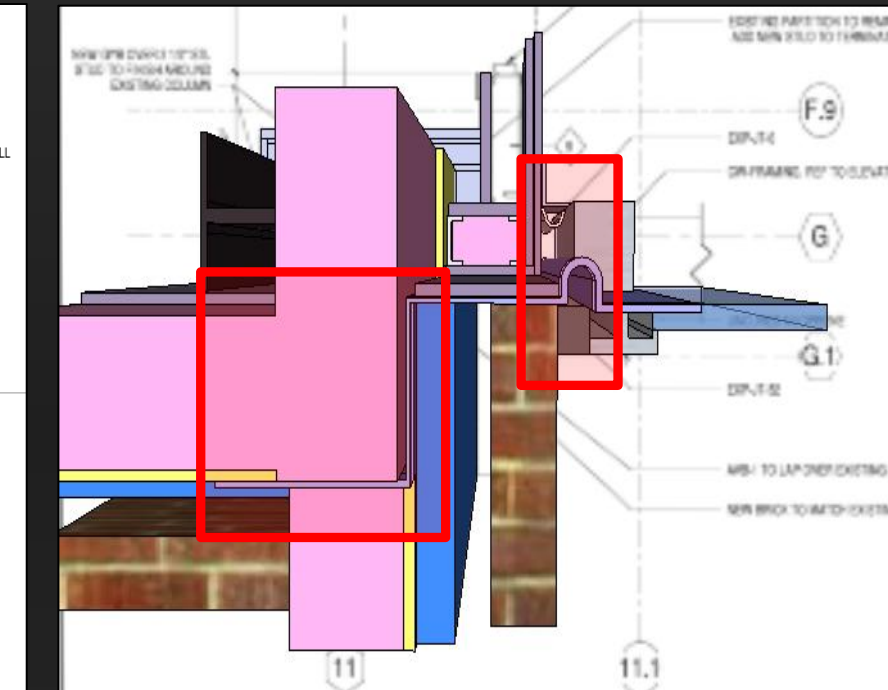
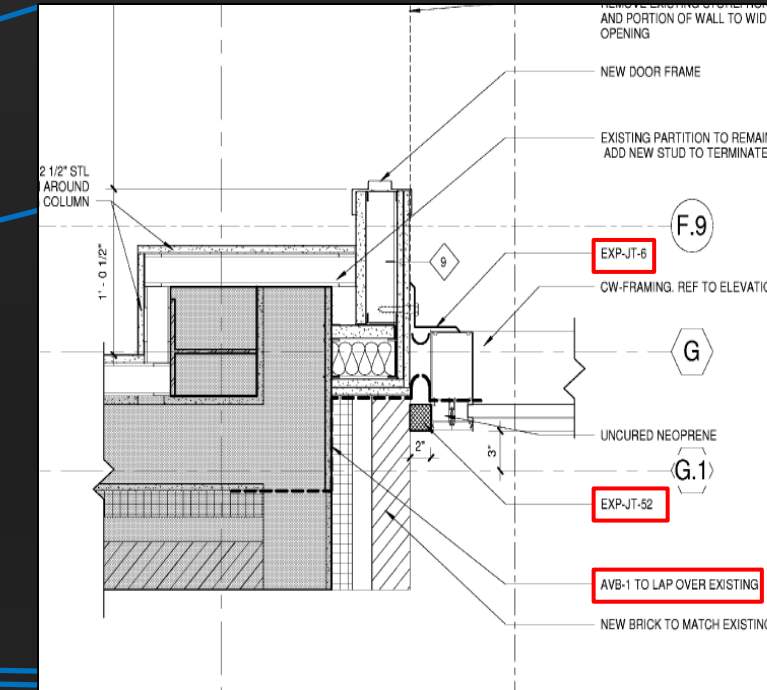
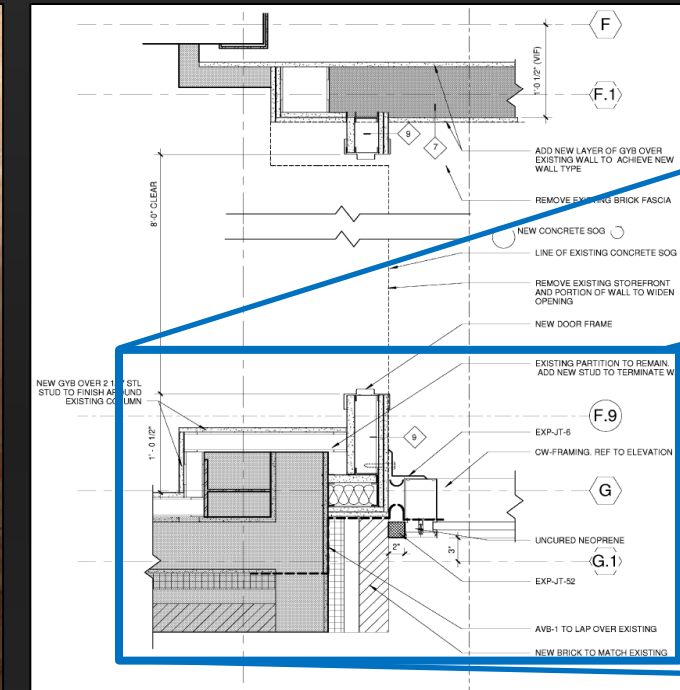
BIM Coordination	183	09-May-11 A	07-Feb-12
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### Actual Schedule:

BIM Coordination	283	09-May-11 A	20-Jun-12 A
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### Case Study: Tyson's Corner

**32 Rooms**  
**110 Changes**  
**Total cost: \$38,000**  
**Owner benefit only**



**Solution: EMSEAL**



# Analysis 3 – Use of Virtual Mock-Ups for SIPS



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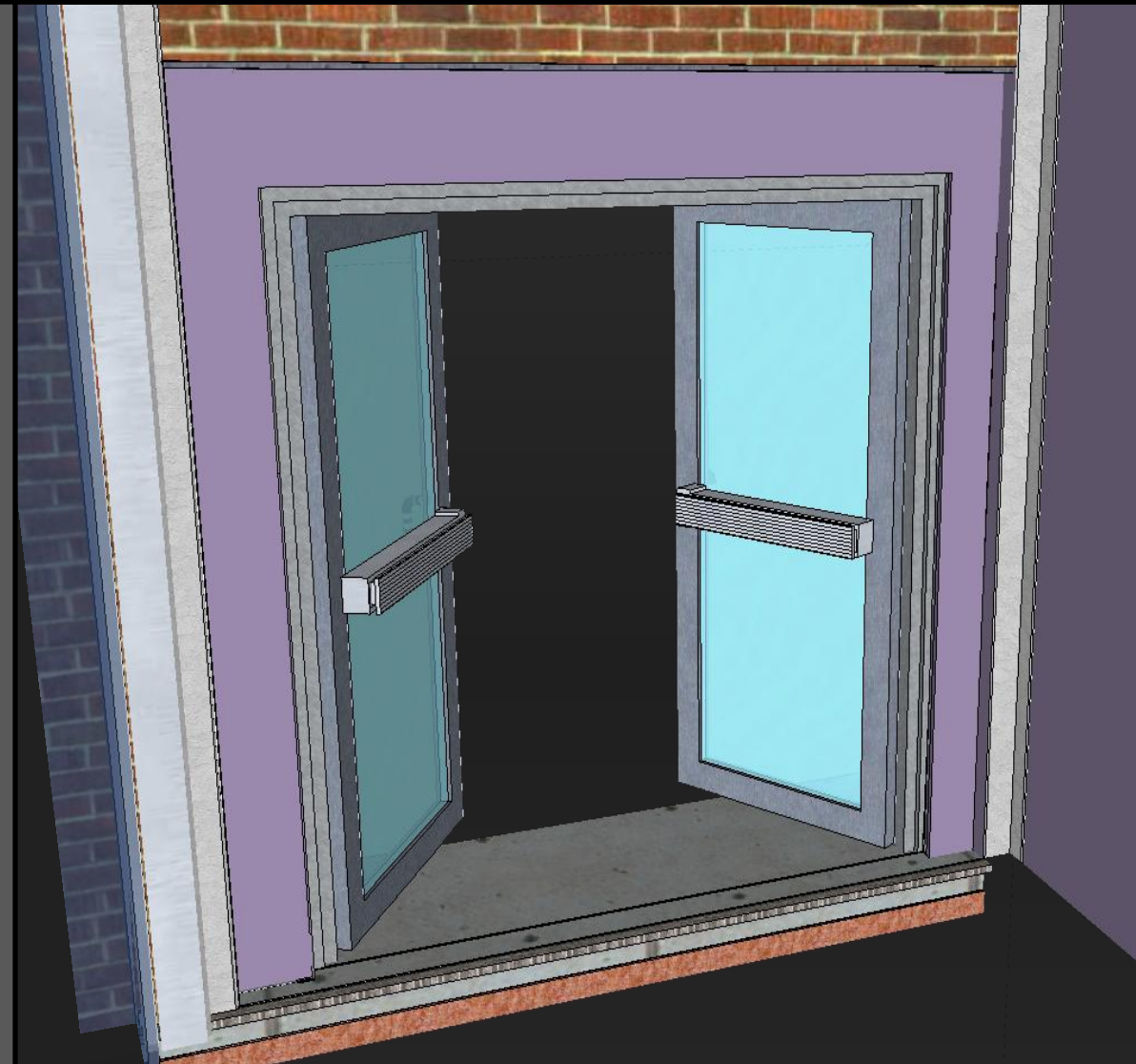
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## Traditional SIPS

- ❖ One specific operation is analyzed
- ❖ A much higher level of detail is needed
- ❖ Personnel input and commitment is required from all

Project:		Kaiser Permanente Largo Medical Office Building		Zone:		Northwest Building Connection		
Activity	Quantity	Unit	Budget Production (Units / MHR)	Total Budget Time (MHR)	Crew Size (People)	Activity Duration (HR)	Activity Duration (Days)	Notes
Construct Temporary Partition	1	EA	0.25	4	2	2.0	0.3	Wood Studs/Drywall Enclosure - Off-hours (OH)
Remove Drywall/Insulation	75	SF	18.75	4	2	2.0	0.3	Tear Down / Clean Up - (OH)
Relocate Electric Conduit	15	LF	5.00	3	1	3.0	0.4	Determine source location if needed
Saw Cut Brick/Remove Studs	75	SF	4.70	32	4	8.0	1.0	Including 3 courses below finished floor - (OH)
Insert 5/16" Bent Plate	8	LF	2.00	8	4	2.0	0.3	1/2" Diameter 6" Imbeds, 24" O.C. - (OH)
Place Concrete/Expansion Joint	1	CY	0.50	4	2	2.0	0.3	Joint depressed 3/4" for cover
Set Door Frame	1	EA	0.33	3	1	3.0	0.4	
Frame Opening/Header & Studs	1	EA	0.13	8	2	4.0	0.5	
Drywall & Spackle	75	SF	25.00	3	1	3.0	0.4	Both sides, assume half the total area each side
Hang Doors/Install Hardware	1	EA	0.20	5	1	5.0	0.6	Double Set with Panic Hardware
Prime/Paint	75	SF	25.00	3	1	3.0	0.4	Both sides, assume half the total area each side
Remove Partition/Cleanup	1	EA	0.25	4	2	2.0	0.3	Off-hours (OH)
<b>TOTALS</b>				<b>77</b>	<b>21.0</b>	<b>37.0</b>	<b>4.6</b>	

+ Reach level of detail necessary to maximize efficiency



Additional Man-Hours for Building Tie-In			
Activity	Time (hr.)	Crew Size	Man-hours
Insert 5/16" Bent Plate	3	4	12
Place Concrete/Expansion Joint	4	2	8
<b>Total Man-Hours</b>			<b>20</b>

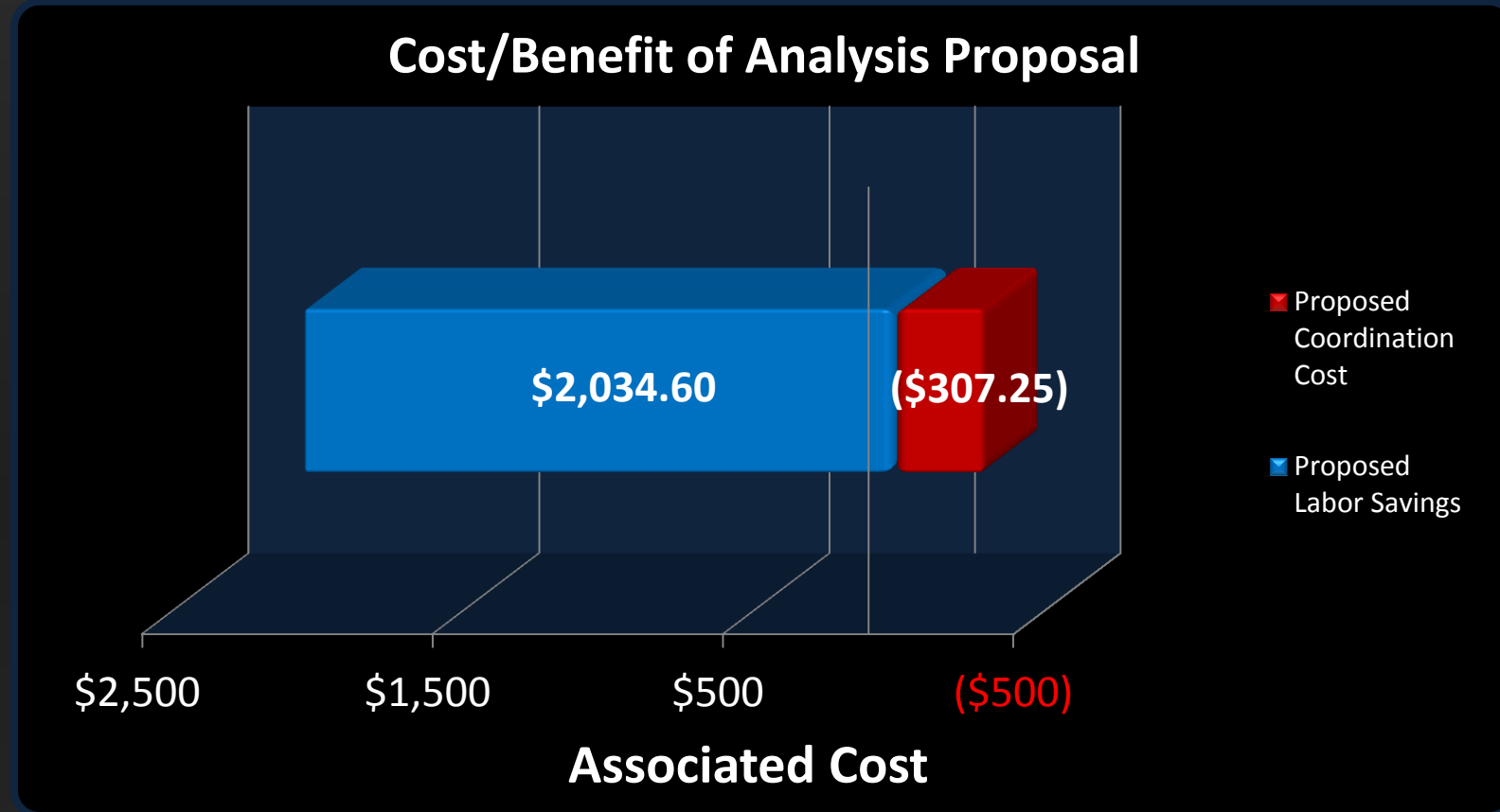


# Analysis 3 – Final Recommendation



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**2.5 Hrs. BIM Champ**  
**1 Hr. Superintendent**  
**20 Man-Hrs. Saved**  
**\$1,700 - Potential savings**



### Potential Value Added:

- ❖ Strong visualization and communication tool for all parties
- ❖ Subcontractor feedback and proper preparation
- ❖ Eliminate coordination issues
- ❖ Show end users how existing building will be impacted
- ❖ Perform premium-rate work the most efficient way possible
- ❖ Cause as little disturbance for building occupants



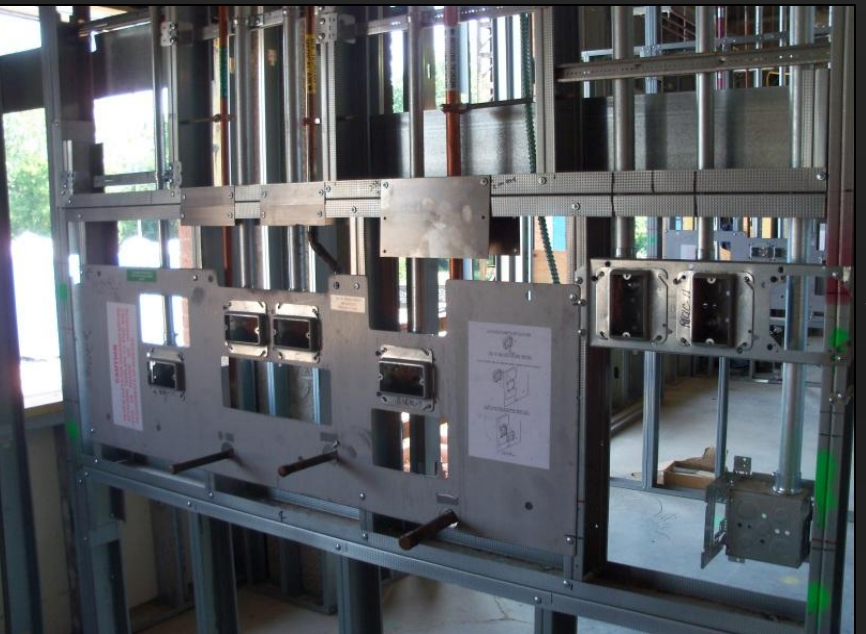
# Analysis 4 – Modularization Comparison



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Interior Construction	245	243	05-Mar-12A	20-Feb-13
M/E/P & FP Rough Ins	180	178	05-Mar-12A	12-Nov-12
<b>Level 1</b>	<b>180</b>	<b>178</b>	<b>05-Mar-12A</b>	<b>12-Nov-12</b>
RI.01.1000 Fireproof Structure	15	14	09-Mar-12A	29-Mar-12A
<b>Area "B"</b>	<b>133</b>	<b>131</b>	<b>05-Mar-12A</b>	<b>06-Sep-12</b>
RI.1B.1000 1B1 - Lay Out Walls	10	8	05-Mar-12A	15-Mar-12A
RI.1B.1020 1B1 - OH Pibg Rough In	10	77	13-Mar-12A	29-Jun-12A
RI.1B.1030 1B1 - OH Elec & Tele/Data Rough In	10	91	13-Mar-12A	20-Jul-12A
RI.1B.1010 1B1 - OH Med Gas Rough In	10	80	09-Apr-12A	20-Jun-12A
RI.1B.1070 1B1 - Frame Walls	10	61	26-Mar-12A	20-Jun-12A
RI.1B.1120 1B1 - In Wall Elec Rough In	10	51	04-Apr-12A	15-Jun-12A
RI.1B.1050 1B1 - OH Med Gas System Rough In	10	80	09-Apr-12A	20-Jun-12A
RI.1B.1040 1B1 - OH F.A. Rough In	10	66	09-Apr-12A	12-Jul-12A
RI.1B.1100 1B1 - In Wall Mech Rough In	10	40	18-Apr-12A	14-Jun-12A
RI.1B.1110 1B1 - In Wall Pibg Rough In	10	50	18-Apr-12A	28-Jun-12A
RI.1B.1080 1B1 - Set Door Frames	5	24	20-Apr-12A	23-May-12A
RI.1B.1150 1B1 - Pipe and Duct Testing	5	46	02-May-12A	09-Jul-12A
RI.1B.1160 1B1 - In Wall Elec Rough In	10	40	16-May-12A	13-Jul-12A
RI.1B.1130 1B1 - In Wall Med Gas Rough In	10	40	16-May-12A	13-Jul-12A
RI.1B.1140 1B1 - In Wall Tele / Data Rough In	10	19	24-May-12A	21-Jun-12A
RI.1B.1090 1B1 - Frame Walls and Hold Ceiling Grid	10	80	09-Apr-12A	20-Jun-12A
RI.1B.1185 1B1 - Install Blocking	10	11	16-Jul-12A	31-Jul-12A
RI.1B.1170 1B1 - Wall Close In Inspection	2	15	26-Jul-12A	15-Aug-12A
RI.1B.1060 1B1 - OH Sprinkler Rough In	10	20	07-Aug-12A	04-Sep-12
RI.1B.1180 1B1 - MEPOH Inspection	2	2	05-Sep-12	06-Sep-12
RI.1B.1190 1B1 - Sprinkler Hydro Test	1	1	05-Sep-12	05-Sep-12

**Problem:**  
 Modular headwall units used were very labor intensive



vs.



Labor Savings (Man-Hours)					
Activity	Average Unit Durations (hr.)	L1 - Area B	L1 - Area C	L3 - Area B	Total
Frame Walls	2	32	16	50	98
In-Wall Electric Rough-Ins	3	48	24	75	147
In-Wall Med Gas Rough-Ins	5	80	40	125	245
In-Wall Tele/Data Rough-Ins	1.5	24	12	37.5	73.5
<b>Total</b>					<b>563.5</b>

Schedule Savings (Days)					
Activity	Average Unit Durations (hr.)	L1 - Area B	L1 - Area C	L3 - Area B	Total
Frame Walls	2	4	2	6.3	12.3
In-Wall Electric Rough-Ins	3	6	3	9.4	18.4
In-Wall Med Gas Rough-Ins	5	10	5	15.6	30.6
In-Wall Tele/Data Rough-Ins	1.5	3	1.5	4.7	9.2
<b>Total</b>					<b>70.4</b>

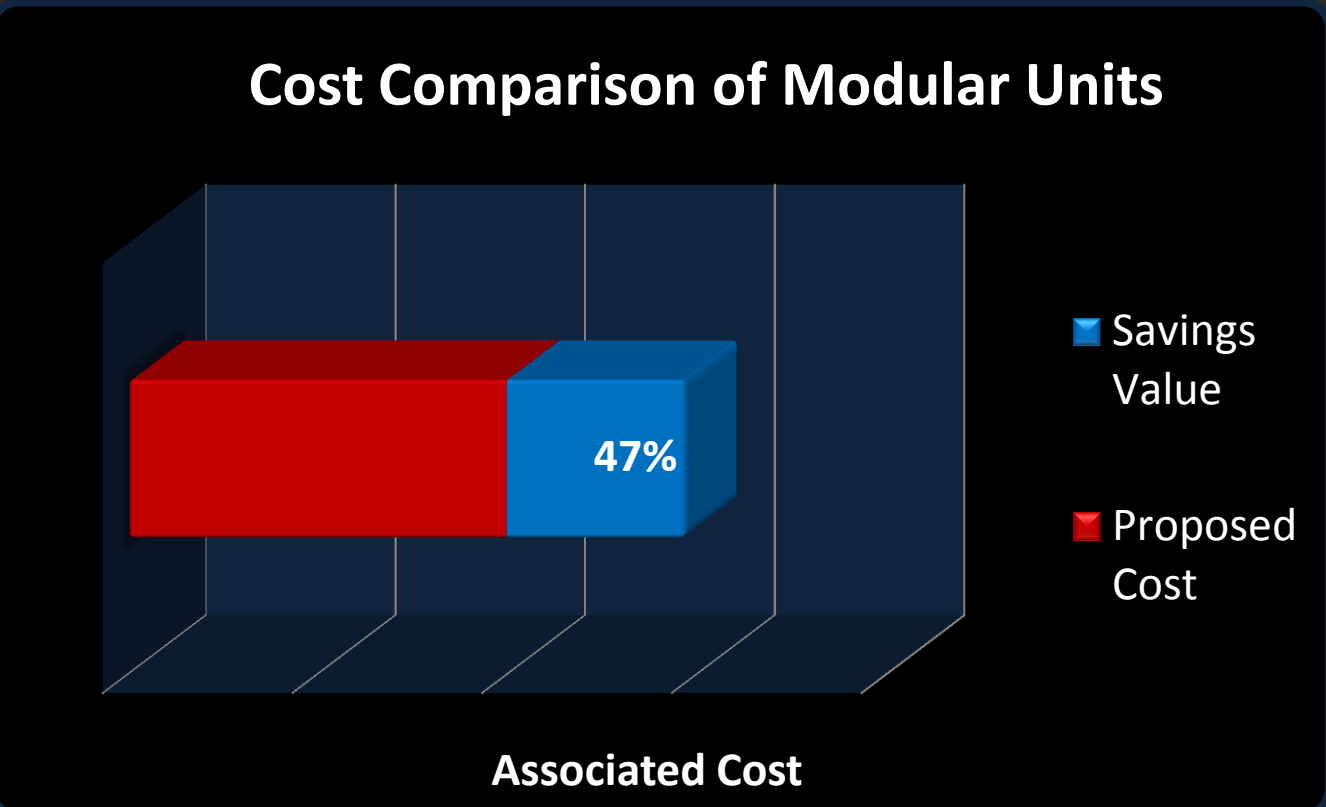
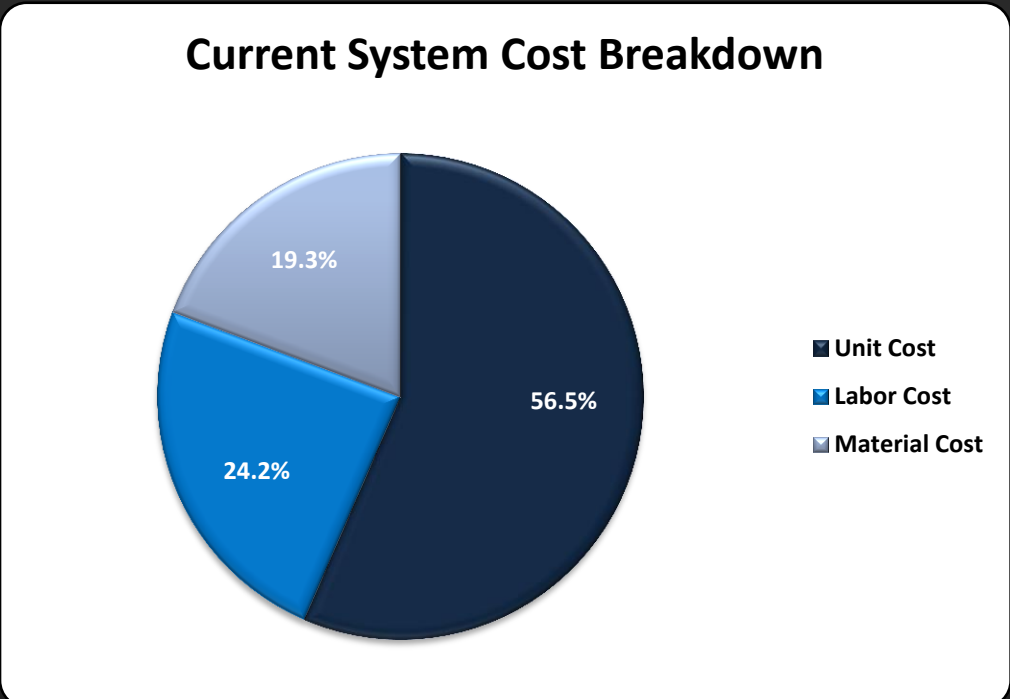
*\*Does not affect critical path for this project*



# Analysis 4 – Modularization Comparison



- I. Introduction
- II. Analysis 1 – Change Order Management
- III. Analysis 2 – Precast Panel Implementation
  - A. Structural Breadth
  - B. Mechanical Breadth
- IV. Analysis 3 – Use of Virtual Mock-Ups for SIPS
- V. Analysis 4 – Modularization Comparison**
- VI. Conclusion & Recommendations
- VII. Acknowledgements



## Final Recommendation

With chosen design, modules can only benefit the project

Recommend for future projects

- ❖ *Reduces labor*
- ❖ *Improving quality*
- ❖ *Streamlines MEP rough-ins*

If half the time saved shortened critical path, general conditions savings would greatly offset cost






# Conclusion & Recommendations



- I. Introduction
- II. Analysis 1 – Change Order Management
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-  **Shortens Schedule**
-  **Improves Efficiency**
-  **Increases Collaboration**
-  **Streamlines Processes**

## Analysis 1 – Change Order Management

1. Give Authority to the CM to Approve Changes
  2. Purchase Preconstruction Services
  3. Implement an Alternate Change Review Process
- + Early trade involvement for intense MEP coordination
  - + Significantly reduce management time
  - + Better cash flow for subcontractors

## Analysis 2 – Precast Panel Implementation

Proposed Schedule Savings			
	Days	Weeks	Months
Activity Savings	61	8.7	2.0
Schedule Savings	45	6.5	1.5
General Conditions Costs			
Total Savings (1.5 Months)	\$295,264.35		
Additional Crane Cost	\$44,078.22		
<b>Total GC Cost Savings</b>	<b>\$251,186.13</b>		

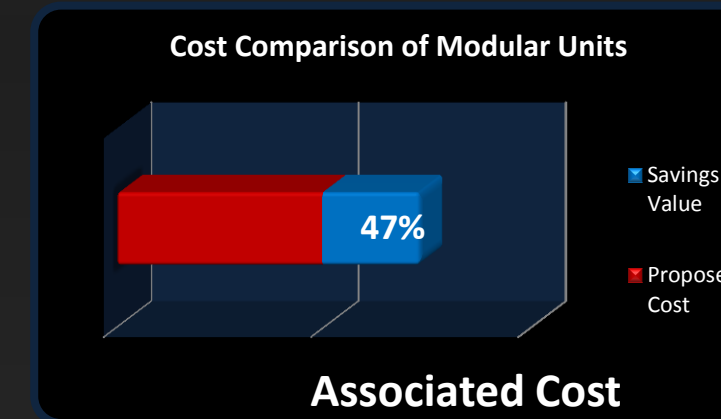
- + Total cost savings: \$125,371.76
- + Structural upgrades not required
- + Panels have better thermal characteristics
- + Current mechanical system is acceptable

## Analysis 3 – Use of Virtual Mock-Ups for SIPS

- + Potential savings of \$1,700
- + Strong visualization and communication tool
- + Subcontractor feedback
- + Show end users how existing building will be impacted
- + Perform premium-rate work the most efficient way possible



## Analysis 4 – Modularization Comparison



### Recommend for future projects

- + Reduces labor
- + Improving quality
- + Streamlines MEP rough-ins



# Acknowledgements



- I. Introduction
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Largo, MD  
Chris Pozza - Construction



Thank you! Any questions?



# Kaiser Permanente Largo Medical Office Building

Largo, MD

Chris Pozza - Construction



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# Appendix – Change Order Management



Owner Change Order 10										
CQ Included	Date Initiated	Date ROM Submitted	Calendar Days from Initiation until ROM Submitted	Date Final Pricing Submitted	Calendar Days from ROM Submitted until Final Pricing Submission	Total Price	Date Closed	Calendar Days from Final Pricing Submission until KP Approval	Total Weeks	Total Months
1.1	7/28/2011	3/12/2012	163	3/12/2012	1	9,520.28	6/28/2012	79	11.3	2.6
42	2/13/2011	5/2/2012	58	5/2/2012	1	-42,077.08	6/28/2012	42	6.0	1.4
58	11/2/2011	1/16/2012	54	1/16/2012	1	30,630.51	6/28/2012	119	17.0	3.9
133	3/21/2012	4/25/2012	26	5/10/2012	12	1,711.10	6/28/2012	36	5.1	1.2
155	4/30/2012	5/2/2012	3	5/2/2012	1	2,050.78	6/28/2012	42	6.0	1.4
		Average	61	Average	3		Average	63.6	9.1	2.1
					Total Cost	\$1,835.59				

Owner Change Order 24										
CQ Included	Date Initiated	Date ROM Submitted	Calendar Days from Initiation until ROM Submitted	Date Final Pricing Submitted	Calendar Days from ROM Submitted until Final Pricing Submission	Total Price	Date Closed	Calendar Days from Final Pricing Submission until KP Approval	Total Weeks	Total Months
099Rev	10/9/2012	10/17/2012	7	10/17/2012	1	7,498.99	2/5/2013	80	11.4	2.6
127	3/8/2012	11/6/2012	174	11/7/2012	2	4,654.44	2/5/2013	65	9.3	2.1
157	5/1/2012	10/12/2012	119	10/12/2012	1	5,863.40	2/5/2013	83	11.9	2.7
182	6/11/2012	6/11/2012	1	11/5/2012	106	36,182.22	2/5/2013	67	9.6	2.2
188	6/15/2012	11/2/2012	101	11/2/2012	1	4,232.14	2/5/2013	68	9.7	2.2
196	7/9/2012	10/15/2012	71	10/15/2012	1	14,529.92	2/5/2013	82	11.7	2.7
203	7/25/2012	11/2/2012	73	11/2/2012	1	2,229.03	2/5/2013	68	9.7	2.2
240	8/22/2012	9/20/2012	22	9/20/2012	1	3,922.45	2/5/2013	99	14.1	3.3
261	9/19/2012	10/11/2012	17	11/20/2012	29	9,466.81	2/5/2013	56	8.0	1.8
276	10/12/2012	11/14/2012	24	11/14/2012	1	2,578.74	2/5/2013	60	8.6	2.0
298	11/13/2012	11/20/2012	6	11/20/2012	1	12,668.06	2/5/2013	56	8.0	1.8
		Average	56	Average	13		Average	71.3	10.2	2.4
					Total Cost	\$103,826.20				

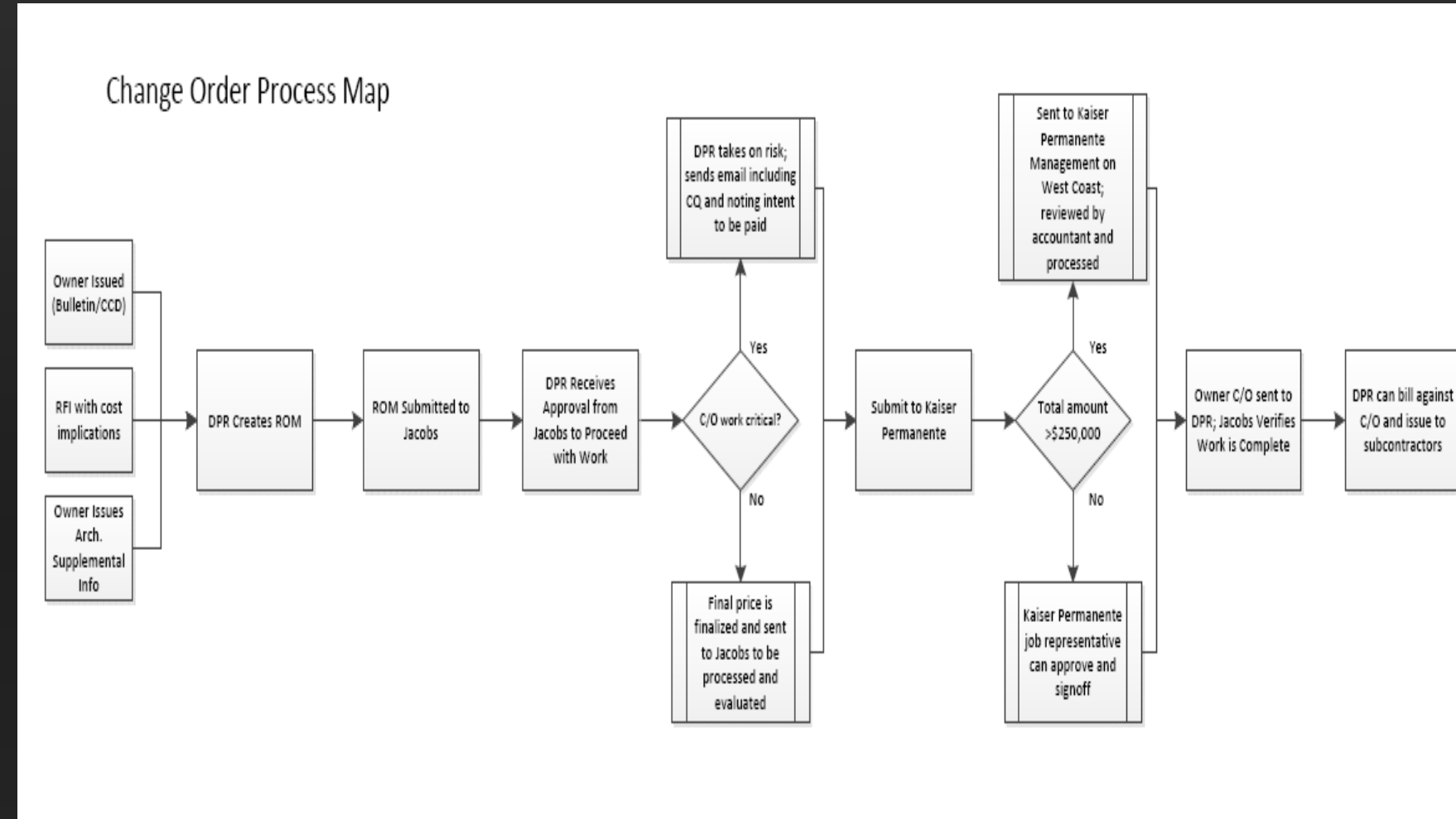
Owner Change Order 21										
CQ Included	Date Initiated	Date ROM Submitted	Calendar Days from Initiation until ROM Submitted	Date Final Pricing Submitted	Calendar Days from ROM Submitted until Final Pricing Submission	Total Price	Date Closed	Calendar Days from Final Pricing Submission until KP Approval	Total Weeks	Total Months
105	2/29/2012	4/24/2012	40	5/16/2012	17	108,713.45	1/29/2013	185	26.4	6.1
236	8/22/2012	11/5/2012	54	11/5/2012	1	7,407.97	1/29/2013	62	8.9	2.0
247	8/31/2012	10/17/2012	34	10/17/2012	1	553.23	1/29/2013	75	10.7	2.5
248	8/31/2012	10/17/2012	34	10/17/2012	1	553.23	1/29/2013	75	10.7	2.5
251	9/10/2012	10/17/2012	28	10/17/2012	1	1,758.05	1/29/2013	75	10.7	2.5
		Average	38	Average	4		Average	94.4	13.5	3.1
					Total Cost	\$118,985.93				

Owner Change Order 012										
CQ Included	Date Initiated	Date ROM Submitted	Calendar Days from Initiation until ROM Submitted	Date Final Pricing Submitted	Calendar Days from ROM Submitted until Final Pricing Submission	Total Price	Date Closed	Calendar Days from Final Pricing Submission until KP Approval	Total Weeks	Total Months
2.1	5/6/2011	3/12/2012	222	3/12/2012	1	43,523.06	8/6/2012	106	15.1	3.5
17	6/12/2012	6/22/2012	9	6/22/2012	1	199,054.24	8/6/2012	32	4.6	1.1
103	2/1/2012	3/12/2012	29	3/12/2012	1	807.48	8/6/2012	106	15.1	3.5
115	2/27/2012	3/12/2012	11	3/12/2012	1	2,317.61	8/6/2012	106	15.1	3.5
156	4/30/2012	6/11/2012	31	6/11/2012	1	6,387.01	8/6/2012	41	5.9	1.4
170	5/15/2012	5/21/2012	5	5/21/2012	1	5,253.11	8/6/2012	56	8.0	1.8
		Average	51	Average	1		Average	74.5	10.6	2.5
					Total Cost	\$257,342.51				

Labor Tracking of Change Order (Blue Vest) Crew													
Day	Date	VarcoMac	Hours	Daily Hours	Pro-Air	Hours	Daily Hours	Metro Painters	Hours	Daily Hours	Total Labor	Total Man-Hours	
1	12/11/12	8	8	64	2	8	16				0	10	80
2	12/12/12	8	8	64	2	8	16				0	10	80
3	12/13/12	10	8	80	1	8	8				0	11	88
4	12/14/12	5	8	40	1	4	4				0	6	44
5	12/17/12	4	8	32	2	8	16				0	6	48
6	12/18/12	3	8	24	1	8	8				0	4	32
7	12/19/12	3	8	24	2	8	16				0	5	40
8	12/20/12	5	8	40	2	4	8				0	7	48
9	12/21/12	5	8	40			0				0	5	40
10	12/26/12	5	8	40			0				0	5	40
11	1/4/2013	5	8	40			0				0	5	40
12	1/7/2013	5	8	40			0	1	8		8	6	48
13	1/8/2013	5	8	40			0	1	8		8	6	48
14	1/9/2012	5	8	40	1	8	8	1	8		8	7	56
15	1/10/2012	5	8	40	1	8	8	1	8		8	7	56
	<b>Totals</b>			<b>648</b>			<b>108</b>				<b>32</b>		<b>788</b>

Blue Vest Labor Cost			
Trade	RSMMeans		Total Labor Cost
	Hourly Wage	Man-Hours	
VarcoMac	73.14	648	\$47,394.72
Pro-Air	78.38	108	\$8,465.04
MetroPainter	67.82	32	\$2,170.24
<b>Total</b>		<b>788</b>	<b>\$58,030.00</b>





# Appendix – Structural Breadth



**Actual Loading Conditions with Brick Facade**

Influence Area ( $K_{LL} A_T$ ) =  $(29.25' + 28.375') (28.083' + 1.25') = 1690.3 \text{ ft}^2$   
 Tributary Area ( $A_T$ ) =  $(29.25/2 + 28.375/2) (28.083' + 1.25') = 441 \text{ ft}^2$

**Live Load Reductions**  $K_{LL} A_T \geq 400 \text{ ft}^2$   
 $L_o (0.25 + \frac{15}{\sqrt{K_{LL} A_T}}) = 0.615$   
 $L = 0.35 + \frac{15}{\sqrt{1690.3}} = 0.432$

**Floor Live Loads**  
 Level 1 - 100 psf, Levels 2-3 - 80 psf

**Roof Dead Loads**  
 20 psf - roofing material  
 5 psf - beams and girders  
 8 psf - superimposed dead load  
 4 psf - deck and insulation

**Floor Dead Load**  
 39 psf - 5 1/2" lightweight concrete  
 10 psf - superimposed dead load  
 5 psf - beams and girders  
 54 psf Dead Load

**Column Load**  
 ASD:  $1.2(37)(441) + 16(30) = 19.6 \text{ k}$   
 LRFD:  $1.2(37)(441) + 0.5(30)(441) + 1.2(54)(441) + 1.2(17)(30) = 187.6 \text{ k}$

Influence area ( $K_{LL} A_T$ ) =  $(29.25' + 28.375') (28.083' + 1.25') = 1690.3 \text{ ft}^2$   
 Tributary Area ( $A_T$ ) =  $(29.25/2 + 28.375/2) (28.083' + 1.25') = 441 \text{ ft}^2$

**Roof Dead Load**  
 Assume 20 psf for material  
 8 psf S.D.L.  
 5 psf for joists and girders  
 4 psf 3" deep composite type insulation  
 Dead = 37 psf  
 Snow = 20 psf

**Column Load**  
 ASD:  $1.2(37)(441) + 16(30) = 19.6 \text{ k}$   
 LRFD:  $1.2(37)(441) + 0.5(30)(441) + 1.2(54)(441) + 1.2(17)(30) = 187.6 \text{ k}$

**Floor Dead Load**  
 39 psf Slab - 5 1/2" thick lightweight concrete  
 10 psf - assume S.D.L.  
 5 psf - assume weight of beams and girders  
 54 psf - Dead Load

**Live Loads**  
 Floors 2-3 - 80 psf  
 Floor 1 - 100 psf

**Column Load**  
 ASD:  $1.2(37)(441) + 16(30) = 19.6 \text{ k}$   
 LRFD:  $1.2(37)(441) + 0.5(30)(441) + 1.2(54)(441) + 1.2(17)(30) = 187.6 \text{ k}$

\* Referenced Table 4-1, Available Strength in Axial Compression, kips  
 W10x39, Effective length,  $KL = 14 \text{ ft}$ ,  $K_1 P_1$ , LRFD = 306 k

**Precast Loading (Using 8" Panels) (100 psf)**

**Column Load**  
 ASD:  $1.2(37)(441) + 16(30) = 19.6 \text{ k}$   
 LRFD:  $1.2(37)(441) + 0.5(30)(441) + 1.2(54)(441) + 1.2(17)(30) = 187.6 \text{ k}$

**Conclusion** - W10x39's can support either 7" or 8" precast panels in axial compression. I was wrong assuming columns would need to be resized to support a larger load, but these calculations do not take into account lateral loads.

**Foundation Check - Spread Footing**  
 At column 8.4/15 footing size is  $6'6" \times 6'6" \times 1'8"$  thick  
 Allowable soil bearing capacity ( $q_a$ ) = 5000 lbs/ft<sup>2</sup>; found in geo-tech report

$q_a \geq \frac{P}{A}$   
 where  $P$  = total load  
 $A$  = area of foundation on which the load is bearing  
 $q_a = 5000 \text{ psf}$  or 5 ksf  
 $5 \text{ ksf} \geq \frac{P}{(6.5')(6.5')}$   
 $211.25 \text{ k} \geq P$  ✓  $OK \geq 199.6 \text{ k}$

$P$  must be less than 211.25k, so this design is acceptable for the heaviest possible load previously calculated, 199.6k

**Strip Footing**  
 Unit Strip method  
 $q_a \geq \frac{P}{A}$   
 $5 \text{ ksf} \geq \frac{P(1)}{2.7875(1)}$   
 $13.6 \text{ klf} \geq P/OK$   
 Max load would be: 8" thick panel or 100 psf.  
 Max Building Height: 46'  
 Total Possible Load =  $46'(100 \text{ psf}) = 4.6 \text{ klf} = 13.6 \text{ klf}$

**Conclusion**  
 Structural steel and foundations are not controlled by axial loading and can support additional load of panels. Systems can adequately support weight of panels as currently designed.

element factor  $K_{LL} = 4$  (IBC Table 1607.9.1).  
 Reduced live load  $L$  is determined by Eq. 16-24:  
 $L = L_o \left( 0.25 + \frac{15}{\sqrt{K_{LL} A_T}} \right)$   
 $\geq 0.50 L_o$  for members supporting one floor  
 $\geq 0.40 L_o$  for members supporting two or more floors

**Table 2.2 Summary of Load Combinations Using Strength Design or Load and Resistance Factor Design (2006 IBC)**

Equation No.	Load Combination
16-1	1.4(D + F)
16-2	1.2(D + F + T) + 1.6(L + H) + 0.5(L <sub>r</sub> or S or R)
16-3	1.2D + 1.6(L <sub>r</sub> or S or R) + (F <sub>1</sub> L or 0.8WF)
16-4	1.2D + 1.6W + F <sub>1</sub> L + 0.5(L <sub>r</sub> or S or R)
16-5	1.2D + 1.0E + F <sub>1</sub> L + F <sub>2</sub> S
16-6	0.9D + 1.6W + 1.6H
16-7	0.9D + 1.0E + 1.6H

$F_1 = 1$  for floors in places of public assembly, for live loads in excess

**Table 4-1 (continued) Available Strength in Axial Compression, kips  $F_y$**

**W10 W-Shapes**

Shape	W10x								
	54		49		45		39		
	ASD	LRFD	ASD	LRFD	ASD	LRFD	ASD	LRFD	
Design	$P_n/\Omega_c$	$\phi_c P_n$	$P_n/\Omega_c$	$\phi_c P_n$	$P_n/\Omega_c$	$\phi_c P_n$	$P_n/\Omega_c$	$\phi_c P_n$	
Least radius of gyration, $r_y$	0	473	711	431	648	398	598	344	517
	6	446	671	407	611	363	545	313	470
	7	437	657	398	598	350	527	302	454
	8	427	642	388	584	337	507	290	436
	9	415	624	378	568	322	485	277	416
	10	403	605	366	550	307	461	263	396
	11	389	585	354	532	291	437	249	374
	12	375	564	341	512	274	411	234	352
	13	361	542	327	492	256	385	219	329
	14	345	519	313	471	239	359	203	306
	15	330	495	299	449	222	333	188	283

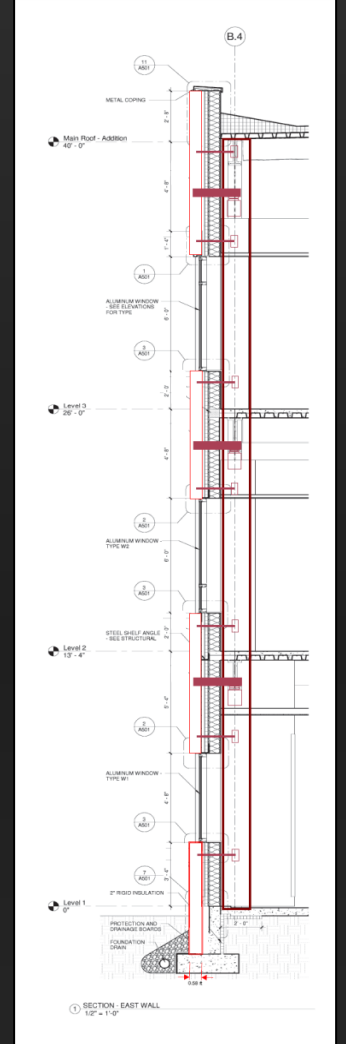


# Appendix – Mechanical Breadth

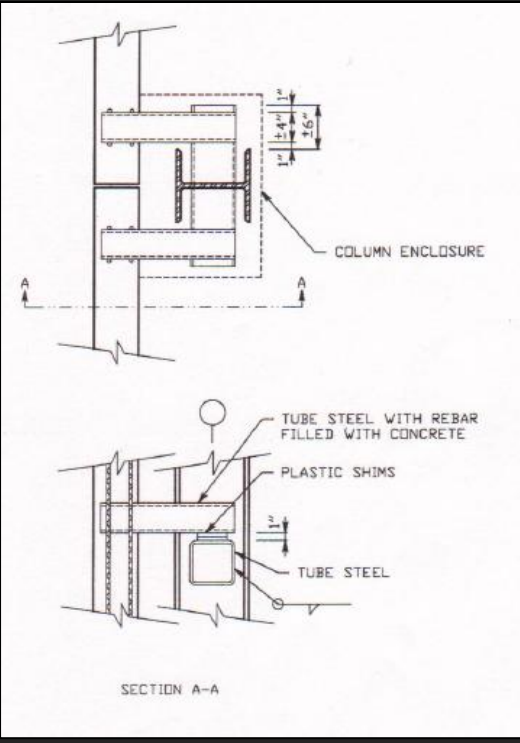


Wall U Value (Summer)	Combined
R <sub>0</sub> - Outside Air Barrier	0.25
R <sub>1</sub> - 3 1/2" Face Brick (R=0.11 per inch)	0.385
R <sub>2</sub> - 1 7/8" Air Space	1.23
R <sub>3</sub> - 2" Rigid Insulation (R=5 per inch)	10
R <sub>4</sub> - Vapor Barrier	Negligible
R <sub>5</sub> - 1/2" Gypsum Sheathing	0.45
R <sub>6</sub> - 6" Metal Stud / 6" Batt Insulation R-19	7.1
R <sub>7</sub> - 5/8" Gypsum Sheathing - 51	0.56
R <sub>i</sub> - Inside Air Film (Vertical Position, Horizontal Heat Flow)	0.68
<b>Total R</b>	<b>20.655</b>
<b>u (1/R)</b>	<b>0.0484</b>
%	100%
u	0.0484
%*u	0.0484
<b>U<sub>avg</sub> = U<sub>avg</sub> * 0.15 + 0.85 * U<sub>insul</sub></b>	<b>0.0484</b>

Wall U Value (Summer)	Combined
R <sub>0</sub> - Outside Air Barrier	0.25
R <sub>1</sub> - 7" Precast Panel with Thin Brick (assume all concrete)	0.53
R <sub>2</sub> - 1 7/8" Air Space	1.23
R <sub>3</sub> - 2" Rigid Insulation (R=5 per inch)	10
R <sub>4</sub> - Vapor Barrier	Negligible
R <sub>5</sub> - 1/2" Gypsum Sheathing	0.45
R <sub>6</sub> - 6" Metal Stud / 6" Batt Insulation R-19	7.1
R <sub>7</sub> - 5/8" Gypsum Sheathing - 51	0.56
R <sub>i</sub> - Inside Air Film (Vertical Position, Horizontal Heat Flow)	0.68
<b>Total R</b>	<b>20.8</b>
<b>u (1/R)</b>	<b>0.04808</b>
%	100%
u	0.04808
%*u	0.04808
<b>U<sub>avg</sub> = U<sub>avg</sub> * 0.15 + 0.85 * U<sub>insul</sub></b>	<b>0.04808</b>



Air Space R-Value (from Table E.4)	
Direction of Heat Flow	Horizontal
Mean Temperature	0°
Temperature Difference	10°
Thickness	1 7/8"
E (Table E.4, Page 1614)	0.82
<b>R (1.5"-3.5" with Emittance=0.82)</b>	<b>1.23</b>

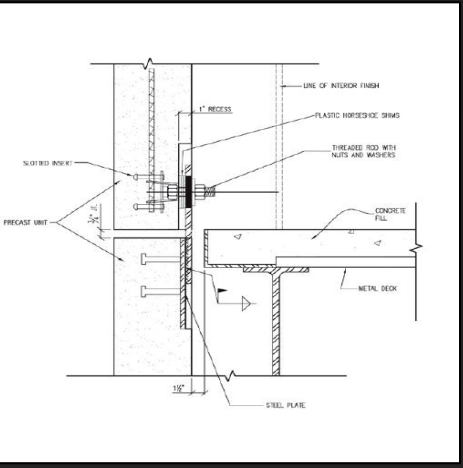
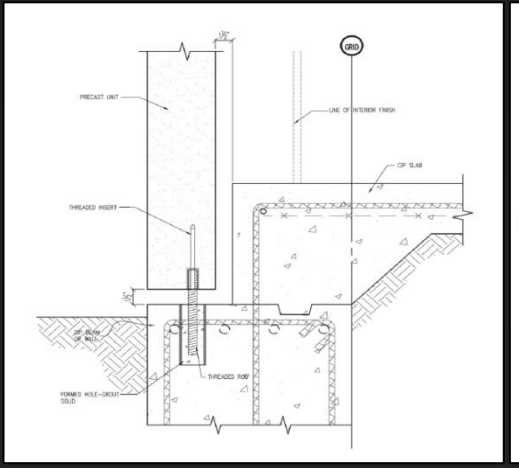
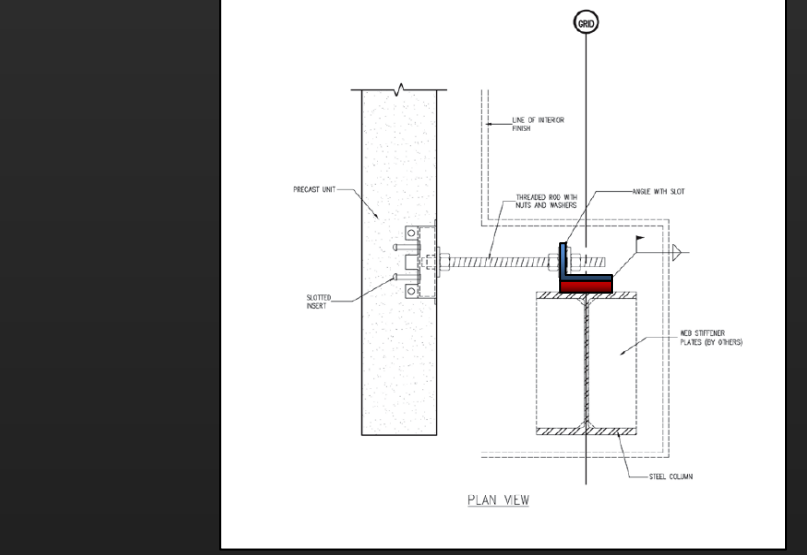


1596 APPENDIX E

TABLE E.1 Thermal Properties of Conventional Building and Insulating Materials\* (Continued)

Part A: I-P Units

Description	Density lb/ft <sup>3</sup>	Conductivity <sup>b</sup> (k) Btu-in./h ft <sup>2</sup> ·°F	Conductance (C) Btu/h ft <sup>2</sup> ·°F	I-P Resistance <sup>a</sup> (R)		Specific Heat Btu/ lb·°F
				Per Inch Thickness (1/k) °F·ft <sup>2</sup> / h·Btu-in.	For Thickness Listed (1/C) °F·ft <sup>2</sup> / h·Btu	
Perlite, expanded	2.0-4.1 4.1-7.4 7.4-11.0	0.27-0.31 0.31-0.36 0.36-0.42	— — —	3.7-3.3 3.3-2.8 2.8-2.4	— — —	0.26 — —
Mineral fiber (rock, slag, or glass) <sup>b</sup> Approx. 3.75-5 in.	0.6-2.0	—	—	—	11.0	0.17
Mineral fiber (rock, slag, or glass) <sup>b</sup> Approx. 6.5-8.75 in.	0.6-2.0	—	—	—	19.0	—
Approx. 7.5-10 in.	0.6-2.0	—	—	—	22.0	—
Approx. 10.3-13.7 in.	0.6-2.0	—	—	—	30.0	—
Mineral fiber (rock, slag, or glass) <sup>b</sup> Approx. 3.5 in. (closed sidewall application)	2.0-3.5	—	—	—	12.0-14.0	—
Vermiculite, exfoliated	7.0-8.2 4.0-6.0	0.47 0.44	— —	2.13 2.27	— —	0.32 —
Spray Applied						
Polyurethane foam	1.5-2.5	0.16-0.18	—	6.25-5.56	—	—
Ureaformaldehyde foam	0.7-1.6	0.22-0.28	—	4.55-3.57	—	—
Cellulosic fiber	3.5-6.0	0.29-0.34	—	3.45-2.94	—	—
Glass fiber	3.5-4.5	0.26-0.27	—	3.85-3.70	—	—
Reflective Insulation Reflective material (ε < 0.5) in center of 1/2-in. cavity forms two 1/4-in. vertical air spaces <sup>c</sup>	—	—	0.31	—	3.2	—
<b>Metals</b> (See ASHRAE Handbook—Fundamentals)						
<b>Roofing</b>						
Asbestos-cement shingles	120	—	4.76	—	0.21	0.24
Asphalt roll roofing	70	—	6.50	—	0.15	0.36
Asphalt shingles	70	—	2.27	—	0.44	0.30
Built-up roofing	0.375 in.	70	—	3.00	—	0.33
Slate	0.5 in.	—	—	20.00	—	0.05
Wood shingles, plain and plastic film faced	—	—	1.06	—	0.94	0.31
<b>Plastering Materials</b>						
Cement plaster, sand aggregate	116	5.0	—	0.20	—	0.20
Sand aggregate	0.375 in.	—	—	13.3	—	0.08
Sand aggregate	0.75 in.	—	—	6.66	—	0.15
Gypsum plaster						
Lightweight aggregate	0.5 in.	45	—	3.12	—	0.32
Lightweight aggregate	0.625 in.	45	—	2.67	—	0.39
Lightweight aggregate on metal lath	0.75 in.	—	—	2.13	—	0.47



# Kaiser Permanente Largo Medical Office Building

Largo, MD

## Chris Pozza - Construction



# Appendix – Precast Panels

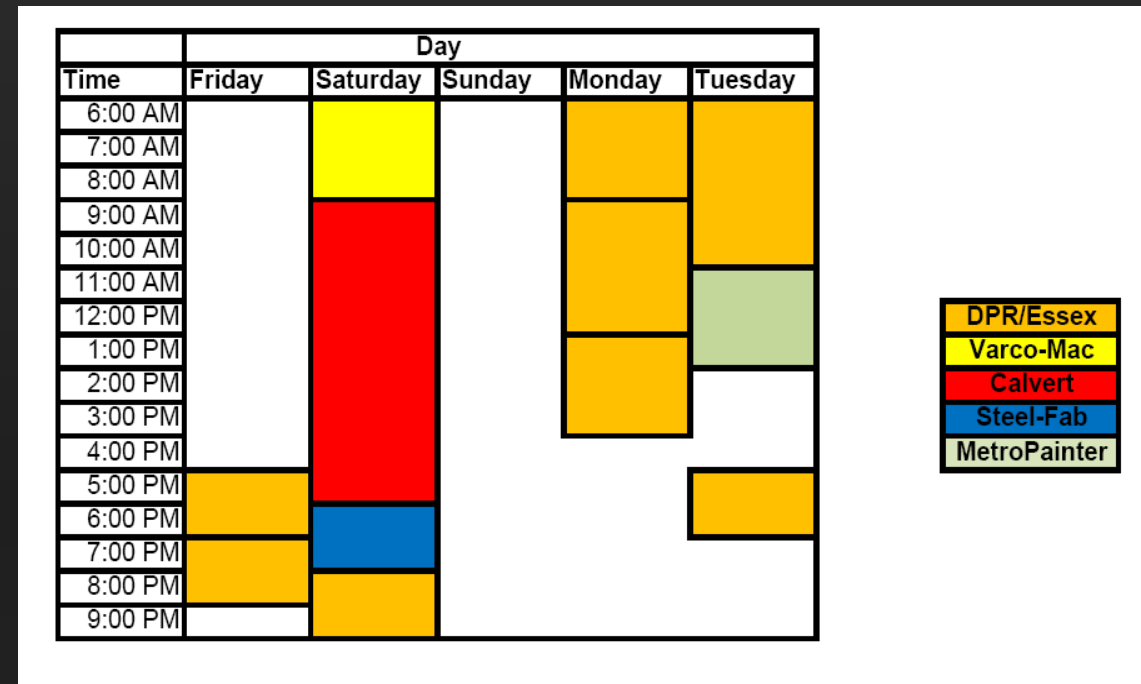


Panel Designation	Length (ft)	Width (ft)	Average Panel Area (SF)	Total Area (SF)	Weight (lb)	Total Quantity	Vertical Panel Takeoff	Total South Facade	Total North Facade	Total West Facade	Total East Facade	Seamant Required (LF)
A	3.5	10.33	36.2	116.15	3,638	1	N	1				3
B	5.27	9.5	50.1	1,581.27	49,839	1	N	1				11.4
C	5.27	9.5	50.1	1,581.27	49,839	1	N	1				11.4
D	5.17	3.33	17.21	53.72	1,722	1	N	1				3
E	5.17	3.33	17.21	53.72	1,722	1	N	1				3
F	5.17	3.33	17.21	53.72	1,722	1	N	1				3
G	5.17	3.33	17.21	53.72	1,722	1	N	1				3
H	5.17	3.33	17.21	53.72	1,722	1	N	1				3
I	6.5	3.33	21.65	67.05	2,145	1	N	1				3
J	6.5	3.33	21.65	67.05	2,145	1	N	1				3
K	6.5	3.33	21.65	67.05	2,145	1	N	1				3
L	6.5	3.33	21.65	67.05	2,145	1	N	1				3
M	6.5	3.33	21.65	67.05	2,145	1	N	1				3
N	6.5	3.33	21.65	67.05	2,145	1	N	1				3
O	6.5	3.33	21.65	67.05	2,145	1	N	1				3
P	6.5	3.33	21.65	67.05	2,145	1	N	1				3
Q	6.5	3.33	21.65	67.05	2,145	1	N	1				3
R	6.5	3.33	21.65	67.05	2,145	1	N	1				3
S	6.5	3.33	21.65	67.05	2,145	1	N	1				3
T	11.67	3.33	38.86	119.57	3,767	1	N	1				3
U	11.67	3.33	38.86	119.57	3,767	1	N	1				3
V	11.67	3.33	38.86	119.57	3,767	1	N	1				3
W	11.67	3.33	38.86	119.57	3,767	1	N	1				3
X	11.67	3.33	38.86	119.57	3,767	1	N	1				3
Y	11.67	3.33	38.86	119.57	3,767	1	N	1				3
Z	11.67	3.33	38.86	119.57	3,767	1	N	1				3
AA	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
AB	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
AC	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
AD	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
AE	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
AF	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
AG	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
AH	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
AI	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
AJ	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
AK	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
AL	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
AM	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
AN	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
AO	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
AP	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
AQ	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
AR	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
AS	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
AT	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
AU	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
AV	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
AW	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
AX	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
AY	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
AZ	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
BA	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
BB	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
BC	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
BD	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
BE	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
BF	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
BG	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
BH	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
BI	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
BJ	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
BK	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
BL	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
BM	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
BN	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
BO	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
BP	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
BQ	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
BR	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
BS	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
BT	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
BU	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
BV	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
BW	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
BX	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
BY	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
BZ	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
CA	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
CB	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
CC	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
CD	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
CE	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
CF	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
CG	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
CH	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
CI	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
CJ	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
CK	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
CL	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
CM	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
CN	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
CO	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
CP	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
CQ	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
CR	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
CS	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
CT	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
CU	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
CV	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
CW	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
CX	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
CY	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
CZ	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
DA	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
DB	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
DC	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
DD	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
DE	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
DF	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
DG	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
DH	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
DI	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
DJ	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
DK	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
DL	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
DM	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
DN	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
DO	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
DP	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
DQ	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
DR	20.99	2.1	44.08	1,362.45	42,826	1	N	1				3
DS	20											





# Appendix – Virtual Mock-Ups and SIPS



Project: Kaiser Permanente Largo Medical Office Building      Zone: Northwest Building Connection

Activity	Quantity	Unit	Budget Production (Units / MHR)	Total Budget Time (MHR)	Crew Size (People)	Activity Duration (HR)	Activity Duration (Days)	Notes
Construct Temporary Partition	1	EA	0.25	4	2	2.0	0.3	Wood Studs/Drywall Enclosure - Off-hours (OH)
Remove Drywall/Insulation	75	SF	18.75	4	2	2.0	0.3	Tear Down / Clean Up - (OH)
Relocate Electric Conduit	15	LF	5.00	3	1	3.0	0.4	Determine source location if needed
Saw Cut Brick/Remove Studs	75	SF	4.70	32	4	8.0	1.0	Including 3 courses below finished floor - (OH)
Insert 5/16" Bent Plate	8	LF	2.00	8	4	2.0	0.3	1/2" Diameter 6" Imbeds, 24" O.C. - (OH)
Place Concrete/Expansion Joint	1	CY	0.50	4	2	2.0	0.3	Joint depressed 3/4" for cover
Set Door Frame	1	EA	0.33	3	1	3.0	0.4	
Frame Opening/Header & Studs	1	EA	0.13	8	2	4.0	0.5	
Drywall & Spackle	75	SF	25.00	3	1	3.0	0.4	Both sides, assume half the total area each side
Hang Doors/Install Hardware	1	EA	0.20	5	1	5.0	0.6	Double Set with Panic Hardware
Prime/Paint	75	SF	25.00	3	1	3.0	0.4	Both sides, assume half the total area each side
Remove Partition/Cleanup	1	EA	0.25	4	2	2.0	0.3	Off-hours (OH)
<b>TOTALS</b>				<b>77</b>	<b>21.0</b>	<b>37.0</b>	<b>4.6</b>	

2013 RSMeans Facilities Construction Cost Data - Trade Hourly Durations				
Description	Hourly Rate including O & P	Location Factor	Adjusted Rate including O & P	Adjusted Premium Rate
<b>Skilled Worker Average</b>	\$75.10	90.3	\$67.82	\$101.72
<b>Electricians</b>	\$81.00	90.3	\$73.14	\$109.71
<b>Plumbers</b>	\$86.80	90.3	\$78.38	\$117.57
<b>Truck Drivers, Heavy</b>	\$59.70	90.3	\$53.91	\$80.86

# Kaiser Permanente Largo Medical Office Building

Largo, MD

## Chris Pozza - Construction

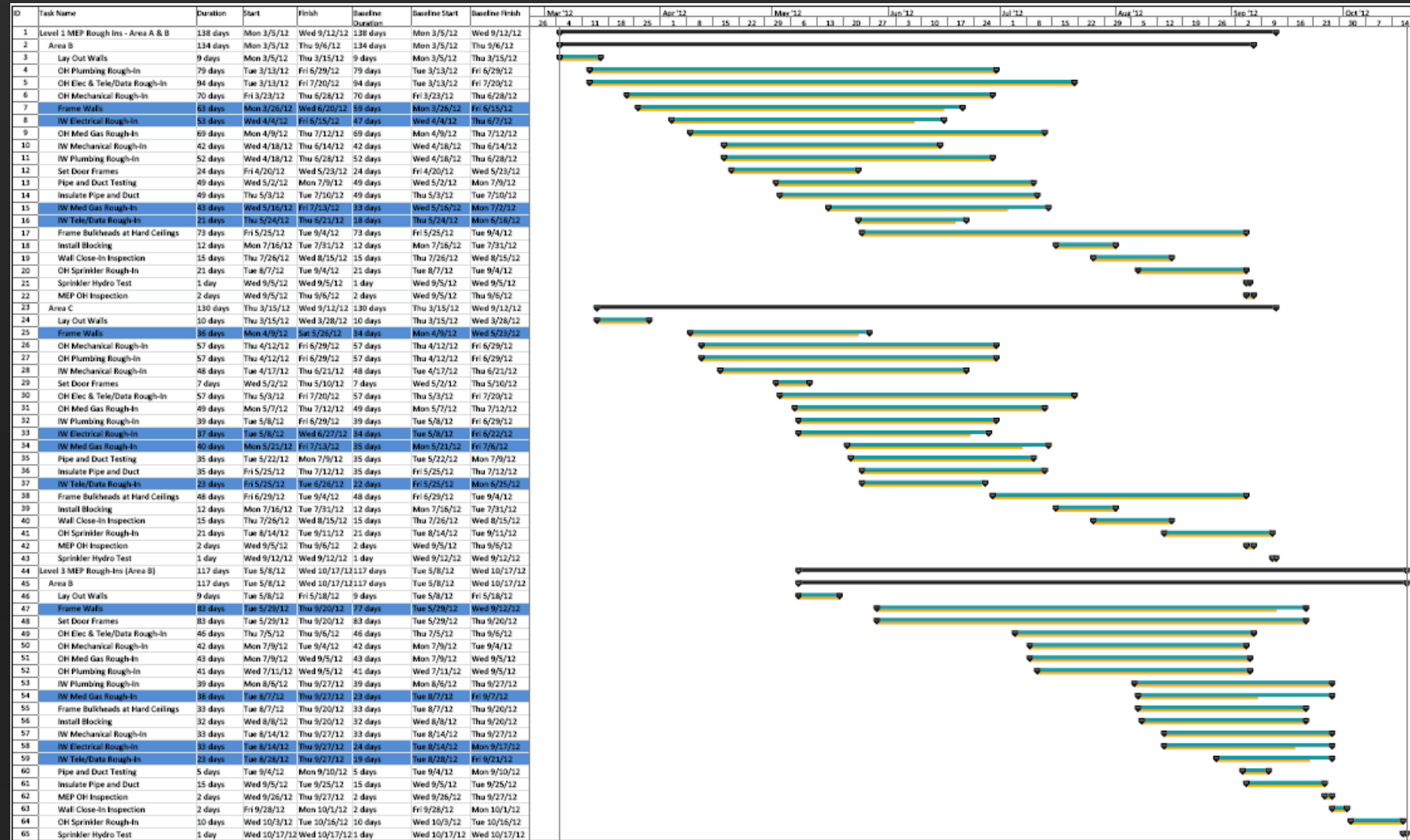


# Appendix – Modularization



Headwall Labor Costs					
Activity	Adjusted Hourly Rate	Hours Per Unit	Cost Per Unit	Total Man-Hours	Total Cost
Frame Walls	\$67.82	2.0	\$135.64	98	\$6,646.36
In-Wall Electric Rough-Ins	\$73.14	3.0	\$219.42	147	\$10,751.58
In-Wall Med Gas Rough-Ins	\$78.38	5.0	\$391.90	245	\$19,203.10
In-Wall Tele/Data Rough-Ins	\$73.14	1.5	\$109.71	73.5	\$5,375.79
<b>Totals</b>		<b>11.5</b>	<b>\$856.67</b>	<b>563.5</b>	<b>\$41,976.83</b>

Module Costs					
Description	Unit Cost	Additional Cost	Total Unit Cost	Total Units	Total Project Cost
Current Unit Cost	---	\$1,540.65	---	49	---
Proposed System Cost	---	-	---	49	---
Difference					---



Headwall Takeoff		Unit Cost Estimate						
Quantity	LineNumber	Description	Crew	Unit	Material	Ext. Mat.	Mat. O&P	Ext. Mat. O&P
9	054113304370	Partition, galv LB studs, 16 ga x 4" W studs 16" O.C. x 8' H, incl galv top & bottom track, excl openings, headers, beams, bracing & bridging	2 Carp	L.F.	\$ 9.37	\$ 84.33	\$ 10.31	\$ 92.79
14	221113232140	Pipe, copper, tubing, solder, 1/2" diameter, type L, includes coupling & clevis hanger assembly 10' O.C.	1 Plum	L.F.	\$ 3.94	\$ 55.16	\$ 4.33	\$ 60.62
7	221113232180	Pipe, copper, tubing, solder, 3/4" diameter, type L, includes coupling & clevis hanger assembly 10' O.C.	1 Plum	L.F.	\$ 6.04	\$ 42.28	\$ 6.69	\$ 46.83
4	221113257110	Elbow, 90 Deg., tube connector fittings, brass/copper, insert type, C x CTS, 100 psi @ 180Deg.F, 1/2"	1 Plum	Ea.	\$ 1.88	\$ 7.52	\$ 2.06	\$ 8.24
1	221113257120	Elbow, 90 Deg., tube connector fittings, brass/copper, insert type, C x CTS, 100 psi @ 180Deg.F, 3/4"	1 Plum	Ea.	\$ 2.29	\$ 2.29	\$ 2.52	\$ 2.52
2	221113257140	Tee, tube connector fittings, brass/copper, insert type, C x CTS, 100 psi @ 180Deg.F, 1/2"	1 Plum	Ea.	\$ 2.40	\$ 4.80	\$ 2.64	\$ 5.28
1	221113257150	Tee, tube connector fittings, brass/copper, insert type, C x CTS, 100 psi @ 180Deg.F, 3/4"	1 Plum	Ea.	\$ 3.68	\$ 3.68	\$ 4.05	\$ 4.05
4	260519131000	Undercarpet, cable flat, boxes, wall, surface, w/cover, #12, 3 conductor	1 Elec	Ea.	\$ 58.85	\$ 235.40	\$ 64.29	\$ 257.16
8	260529201950	Riser clamps, steel, conduit, 3/4" diameter	1 Elec	Ea.	\$ 11.77	\$ 94.16	\$ 12.96	\$ 103.68
28	260533131770	Rigid galvanized steel conduit, 3/4" diameter, to 15' H, incl 2 terminations, 2 elbows, 11 beam clamps, and 11 couplings per 100 LF	1 Elec	L.F.	\$ 2.66	\$ 74.48	\$ 2.93	\$ 82.04
1	260526800340	Ground wire, copper wire, bare solid, #10	1 Elec	C.L.F.	\$ 18.94	\$ 18.94	\$ 20.77	\$ 20.77
<b>Total</b>						<b>\$623.04</b>	<b>Total with O&amp;P</b>	<b>\$683.98</b>